



Masterclass from Ace guitarist

Skunk Anansie axeman
teaches pupils a few tricks

SEE PAGE 6



Police station hits the road again

Chance to discuss concerns
about crime at mobile office

SEE PAGE 13



Changing before your very eyes

Graham Barker explores ever-evolving
Poplar in this Walk of the Month

SEE PAGES 16 & 17

ISSUE 1087 23 - 29 NOVEMBER 2015

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eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

MULBERRY GIRLS IN WHITE HOUSE VISIT

Michelle Obama personally invited 'inspirational' students

BY JESSICA ODUBAYO

WHEN the First Lady of the United States visited Mulberry School for Girls in June, she spoke about how its students had inspired her.

But last week, it was the turn of the Mulberry girls to get some inspiration, when Michelle Obama invited them to pay her a visit, as special guests at the White House.

Twenty students, accompanied by head teacher Dr

Vanessa Ogden, spent last Tuesday, November 17, in Washington learning about President Obama's administration.

The visitors also met representatives from the US Council on Women and Girls, as well as female staffers at the White

House, who discussed their work and answered questions.

"We heard from a wide range of black and ethnic minority women leaders in very senior positions in the president's administration – about the challenges of leadership, how they overcame barriers to get where they are and the importance of the work they do in the interests of social justice," Dr Ogden told East End Life.

The First Lady joined the discussion and spoke about the importance of education.

Dr Ogden said Mulberry and Tower Hamlets were highlighted as examples of how much can be achieved by women in education and the economic empowerment this brings to their community.

The girls were treated to a tour of the White House and met the Obama's dog, before moving on to a series of meetings with women who lead on foreign policy and world development.

During the remainder of the week-long study visit, the students planned to explore the Civil Rights movement and

make a documentary on the concept of freedom.

Dr Ogden, who returned to the Stepney school last Thursday, said students were travelling on to Memphis and Birmingham, Alabama, following in the footsteps of black and white Americans who fought against segregation.

"They will visit 16th Street Baptist Church and some of the first schools to admit black students," Dr Ogden said.

"They will interview people

about their experience of the Civil Rights movement.

"Unity for us all in Tower Hamlets, regardless of race and faith, at this moment in time is very important. The Mulberry girls on the trip will bring back their learning to the school, where they are committed to creating a legacy for the benefit of everyone."

Mrs Obama visited the school in the summer to discuss her women's education programme, Let Girls Learn.



The pupils and head teacher Dr Vanessa Ogden in discussion with the First Lady



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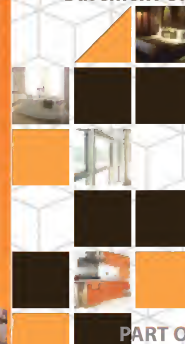
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Saturday special

THAMES Saturday Music Centre is open to students in Tower Hamlets aged 7-18 already receiving music tuition.



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More than 10,000 children receive instrumental or vocal tuition from THAMES. According to Music Mark, learning music helps children academically, raises confidence and teaches teamwork.

WWW.MUSICMARK.ORG.UK

News

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Children from nine primary schools gathered at Rich Mix, Bethnal Green to rehearse for the THAMES celebration concert in July 2016



They're bold as brass

BY STEFAN SWIFT

PUPILS from nine primary schools have come together to form a giant brass band.

The children came to a workshop at Rich Mix in Bethnal Green on Thursday, November 12.

Organised by Tower Hamlets Arts and Music Education Service (THAMES), it included

more than 50 pupils from across years 4-6.

The performance was the first of three rehearsals this academic year, leading up to the THAMES celebration concert, which will be held at the Barbican on July 11, 2016.

The young musicians, playing instruments such as trumpets, trombones and tubas, performed songs including Mark Ronson's

Uptown Funk and Forget You by Cee Lo Green.

THAMES runs instrumental lessons through the borough's schools. Students who are receiving instrumental and/or vocal tuition can also apply to join the THAMES Saturday Music Centre, a specialist service featuring ensembles, orchestras and choirs.

The centre complements existing tuition and gives

young musicians opportunities to perform and grow as performers.

If you would like your child to receive musical instrument tuition, contact their school for details.

If you would like to join the Saturday Music Centre, fill in an application form at: <http://webfronter.com/towerhamlets/thames/menu/mnu3.shtml>

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East End Life is also available on audio tape – if you know someone who would like to receive it in this format call 7364 4309 or email abdul.miah@towerhamlets.gov.uk

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Your views on East End Life's future

Email your views to consultation@towerhamlets.gov.uk, call 7364 0811 or write to Communications, Tower Hamlets Council, 6th floor, Mulberry Place, E14 2BG, by November 30.

Fortnightly news

East End Life will be fortnightly after Christmas and its future frequency is under discussion.

CONSULTATION@TOWERHAMLETS.GOV.UK

News

United in solidarity with victims of Paris attacks

BY SUSAN MULLIGAN

A MINUTE'S silence was held at the Town Hall to remember the victims of the terrorist attacks in Paris.

Seven attacks were carried out on Friday, November 13, by gunmen and suicide bombers at a Parisian concert hall, restaurants, bars and the national stadium, leaving at least 129 people dead and hundreds wounded.

The minute's silence on Monday, November 16 was repeated at a full council meeting on November 18.

A motion was agreed to write a cross-party letter to the mayor of Paris to express condolences from the people of Tower Hamlets.

The meeting resolved to stand firm against the politics of hate, in all its forms, wherever and however it manifests itself.

Mayor John Biggs said: "This was a monstrous attack on ordinary people going about their lives.

"The victims and their families are in our thoughts and prayers.

"We must stand against such attacks, but also be reminded of the constant need for vigilance and for ensuring that young



Mayor John Biggs, council chief executive Will Tuckley and Cllr Peter Golds join staff for the minute's silence

people are not led into such wicked acts."

Cllr Peter Golds, leader of the Conservative Group, said: "A football match, concert and meal out are features of the lives of people throughout the world.

"That these people should target such ordinary events to kill and maim totally innocent people is a sign of their depravity. Let us stand by our very near neighbours."

Cllr Oliur Rahman, leader of

the Independent Group, said: "The attacks in Paris were abhorrent and against all notions of humanity. We condemn this violence most unequivocally.

"Our thoughts and prayers are with the victims, their families and loved ones, our French neighbours and all innocent victims of terror and war."

In response to the attacks, Tower Hamlets Interfaith Forum released a statement which read: "We utterly reject

the perpetrators' claim that such horrific acts are carried out in the name of religion.

"They seek to undermine the tolerance and diversity that characterises both Paris and London and, in the face of their violence, we pledge ourselves and our faith communities to continue to build an open and peaceful society in which all – of any faith or none – are treated with dignity and respect."

Calling on all communities to

be vigilant and to unite, the Council of Mosques, added: "This is a crime against humanity and there is no justification for such crimes in any religion. Our thoughts and prayers are with the families and friends of those who have lost their lives, and all the people of Paris."

The attacks have been described by French president Francois Hollande as an "act of war" organised by the Islamic State terrorist group.

News in brief

Boy charged over stabbed policeman

A TEENAGER has been charged with the attempted murder of a police constable in Bow.

The 16-year-old boy appeared in custody at Stratford Youth Court on Tuesday, November 17.

The officer was stabbed in the stomach at 11.30pm on Sunday, November 15, in a car park near Bunsen House, off Grove Road.

He was taken by ambulance to an east London hospital where his condition is described as serious but stable.

Vote Bubble Club

BUBBLE Club, an accessible events business run by adults with learning disabilities, has been shortlisted for a national award and wants your vote.

It is in the running for a Social Change 2015 award in the category of 'everyday impact'.

Vote at www.dsc.org.uk/events/everyday-impact-award-long-term-enterprises

Help plant bulbs

THE Friends of Bethnal Green Gardens are inviting residents to plant spring bulbs around the Stairway to Heaven memorial.

The memorial, honouring 173 people killed in a crush at Bethnal Green Station in the Second World War, is almost complete.

Meet at Keddeston Walk community centre, Hollybush Gardens, Bethnal Green, on Saturday, November 28 at 1.30pm.

Last chance to have say on East End Life

THE council is still consulting on the future of its weekly newspaper East End Life along with the whole of its communications service.

This follows the mayor's plan to reduce the frequency of East End Life to fortnightly from January.

The council has received a broad range of responses so far with residents expressing their

ideas and views on East End Life and how it communicates with residents.

Readers are encouraged to take part and send their views by emailing consultation@towerhamlets.gov.uk, calling 7364 1426 or writing to Communications, The Town Hall, Mulberry Place, 5 Clove Crescent, London E14 2BG.

The consultation will close on Monday, November 30.

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Remembering a friend and father

Money raised in memory of council worker Tanvir Choudhury will go towards building community wells, serving more than 1,000 people, in places where there is no clean water. Visit...

WWW.JUSTGIVING.COM/TANVIRCHOUDHURY

Built on a bomb site

Stepney City Farm was built on derelict land which was bombed during the Second World War.

SEE BELOW

News

FAMILY and friends of a council ICT specialist who died from cancer met to unveil a memorial bench in his honour.

Tanvir Choudhury, who came from Poplar, died in August, aged just 37, after battling sarcoma, a rare form of the disease, for more than two years.

A bench was installed in Poplar Recreation Park where Tanvir's three-year-old daughter, Khadeja, (pictured on the bench) helped plant a tree in his name.

Colleagues from the council and ICT service provider Agilisys climbed Ben Nevis to raise money for charity. To date, almost £6,000 has been raised and the money will be used to fund water wells in Tanvir's memory, in countries where clean water is most needed.

At the ceremony, colleague Ikbal Hussain said: "Tanvir grew up in this area and went to Tower Hamlets College. He spent a lot of time in this park and often played



tennis here after work.

"We wanted to do something special and climbing Ben Nevis was a challenge we all agreed would be tough, but worthy of the cause.

Tanvir had already faced his biggest challenge – for us it was a small gesture.

"His bravery throughout his illness was an example to

us all. He kept smiling to the very end."

If you would like to contribute in memory of Tanvir, visit www.justgiving.com/TanvirChoudhury

Consultation on schools

THE council wants your views on its school admission arrangements.

It is looking for opinions from parents and community organisations that help families in accessing education.

The aim is to ensure that admissions are fair and that as many parents as possible secure a place for their child at one of their preferred schools.

The proposed arrangements for school admissions in the 2017/18 school year can be found at www.towerhamlets.gov.uk/ignl/council_and_democracy/consultations/school_admissions_consultation.aspx

The questionnaire is online but you can request a paper copy from Jebin Syeda on 7364 2070.

The deadline for submissions is December 31.

Awards for three canal rescue PCs

Officers' courage saved fitting woman from drowning

BY JESSICA ODUBAYO

THREE police officers who jumped into a canal to save a drowning woman have been commended for their actions.

On the morning of April 1, 2014, PC Anna Moon and her colleague, PC Leo Plant, responded to reports of a woman threatening to jump into the Limehouse Cut.

The officers found the woman standing on the edge of the tow-path. As they tried to talk to her, she jumped into the water.

PCs Moon and Plant threw her a rope and made several attempts to rescue her but she refused to co-operate.

The woman made her way to some floating debris in the canal where she sought refuge. Due to the steep walled banks of the canal, she started to get into difficulty.

The officers knew she had consumed a large amount of alcohol and drugs and were concerned that her condition was deteriorating rapidly.

When the victim's head became submerged, PC Moon jumped into the water.

She swam over to help the woman, who was initially aggressive towards PC Moon and started to have a fit.

PC Plant saw that both women were now struggling and, after calling for assistance, also entered the water.

Together the officers were able to keep the woman afloat for a further 15 minutes, by which time PC Lee Simmonds, an officer from the Marine Support Unit, arrived and entered the water.

They were able to take the woman back to the bank where she was lifted to safety and taken to hospital for

treatment, where she made a full recovery.

Dave Lambeth Williams, of London Ambulance Service hazardous area response team, said: "My team are all trained in inland water operations and have all the necessary equipment to work in that environment; even so we are all aware that this would not have been an easy situation to deal with.

"I am in little doubt that without the swift actions of these officers, this lady would have certainly gone under the water whilst fitting, and could have drowned."

PCs Moon, Plant and Simmonds received Royal Humane Society awards for their actions at a ceremony at New Scotland Yard on Thursday, November 12.

The event was attended by Metropolitan Police commissioner Sir Bernard Hogan-Howe.



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Contact Cllr Golds

East End Life will be printing a column from the council's opposition leaders. To contact Cllr Peter Golds, email:

CLLRPETERGOLDS@AOL.COM

Big players on the world stage

Skunk Anansie, including guitarist Ace (pictured), formed in 1994, broke up in 2001 and reformed in 2009. In the 1990s they sold more than five million records and had seven world tours.

SEE BELOW

News

Forums to help shape borough

News from council opposition leaders

BOTH transport and education need to be considered alongside development.

Recently there has been ever-increasing interest in development across the borough and transport and education have become topics of increasing importance.

This interest by residents has resulted in resident-led neighbourhood planning forums being proposed in a number of areas, including the Isle of Dogs, Limehouse and Shoreditch.

These are genuine opportunities, enshrined in law under the Localism Act, requiring local planning authorities to draw up clear, up-to-date Local Plans that conform to the National Planning Policy Framework, meet local development needs and reflect local people's views on how they wish their area to develop.

This will enable residents to write in their proposals for transport and schools within their local area.

Importantly, local authorities now have the responsibility to support these communities who wish to engage in the neighbourhood planning process and have the



responsibility to use the policies produced.

This is an example of the downward devolution of power and responsibility which has been promoted and enshrined into law over the past decade and a half.

The first forums are due to be approved by the council before the end of this year and, subject to approval by residents, could be quickly up and running.

It is hoped that groups of residents across the borough will come together to work on their local plans and forums which will enhance localism.

It will then be then be up to residents to ensure that they have adequate provision of schools and transport following on from development.

By Cllr Peter Golds, leader, Tower Hamlets Council Conservative group



Ace with Morpeth music students

Skunk Anansie Ace is Morpeth's guitar hero

BY JESSICA ODUBAYO

SCORES of students at Morpeth School enjoyed a music lesson to remember when one of London's top rock guitarists swapped the stage for the classroom.

Ace, the guitarist, writer and co-founder of British rock band Skunk Anansie, visited the school in Bethnal Green on November 9, where he taught a group of 15- to 18-year-olds.

In a career spanning 20 years, Ace has sold more than five million records, toured the world and headlined Glastonbury.

Currently head of creative industry for the Academy of Contemporary Music, the

guitarist is also a music educator and runs his own London school, incorporating the 'Ace Method' of guitar tuition.

Before the visit, supported by instrument maker Yamaha, Ace said he was looking forward to teaching at the school.

"It's always amazing to be working with Yamaha, sharing the passion for and inspiring young musicians through their schools and programmes," he said.

Peter Romhany, head of the music department at Morpeth, said: "It was great to hear ACE's journey from self-taught musician to million-selling artist."

"The students learnt that with vision and hard work you can achieve your ambitions and goals."



Ace on stage at the school

It was standing room only when performers ranging from octogenarians to secondary school students staged *Speak as you Find*, a play exploring some of the many stories that describe life in Tower Hamlets. Working with intergenerational charity Magic Me, the group (some of whom are pictured) created the site specific performance, reflecting their individual life experiences.



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WWW.WHITERIBBONCAMPAIGN.CO.UK

Making a stand

November 25 marks International Day for the Elimination of Violence against Women.

WWW.UN.ORG

News

THE council joined local religious groups to mark Interfaith Week. The event, from November 15-21, was a chance for residents to celebrate the diversity of belief in the borough. Tower Hamlets Interfaith Forum co-ordinated activities, involving representatives and leaders from faith and non-faith communities. Cllr Sirajul Islam, deputy mayor and cabinet member responsible for faith communities said: "Interfaith Week gives us a good opportunity to reflect on the fantastic work that is being delivered in the community by faith and non-faith leaders." The Reverend Peabody Alan Green, chair of the forum, said: "In light of the atrocity in Paris, this event gave us the opportunity to show our commitment to living with diversity in harmony, respecting one another's humanity and identity." Interfaith Week aims to strengthen interfaith relations at all levels and increase awareness of the different faith communities in the UK.



News in brief

Media training for the unemployed

UNEMPLOYED residents, aged between 18 and 30, can find out about free film training at an open day on Wednesday, November 25.

Four Corners is running a creative media training scheme from January to March 2016, followed by mentoring by industry specialists and support towards placements and employment. Travel and childcare costs are provided.

Carla Mitchell, development director of Four Corners, said: "Support from Tower Hamlets Mainstream Grant programme means that we can provide free training for local disadvantaged people at a time of increased demand, providing real opportunities for them to

develop a career in film and TV."

The open day will take place at Four Corners at 121 Roman Road, E2, from 11am. The deadline for applications is November 30.

For details, visit www.fourcornersfilm.co.uk/zoom-futures-in-creative-media

All welcome at Interfaith event

STORIES about interfaith experiences will be shared at a community event on Monday, November 23.

Youth charity The Feast Youth Project Tower Hamlets is hosting the event from 7pm at Oxford House, Derbyshire Street, Bethnal Green.

The event is part of this year's Interfaith Week and all are welcome.

For details visit www.the-feast.org.uk or email thefeasttowerhamlets@gmail.com

Campaigning to stop violence

BY STEFAN SWIFT

THE council is supporting campaigns opposing violence against women.

The 16 Days of Action Against Gender Based Violence campaign begins on Wednesday, November 25 and lasts until Thursday, December 10.

It aims to highlight the link between violence against women and violation of their human rights.

The White Ribbon campaign was started by men in Canada who decided that wearing

a white ribbon would be a symbol of their opposition to men's violence against women.

There will be a number of council-run events, including training of other public sector workers about harmful practices such as forced marriage, so-called 'honour' based violence and Female Genital Mutilation (FGM).

Some will be supported by health and community groups and focus on spotting the signs of domestic abuse and FGM, as well as understanding new legal obligations for

schools and health workers.

There will also be sessions on supporting victims of gender-based violence as, although they are the vast majority, it is not just women who are victims of abuse.

Other topics covered include sessions for those who work with people who have experienced child sexual exploitation (CSE), prostitution, stalking and harassment and faith-based abuse.

For more information, email domesticviolence@towerhamlets.gov.uk

Religious texts found in Limehouse Cut

POLICE received reports that Islamic texts had been left in the Limehouse Cut on November 19.

Local PCs and officers from the Marine Support Unit removed 180 texts from the water.

The police have said that there is no evidence of hate crime and that no one has come forward to claim the property.

Dilowar Khan, executive director of East London Mosque, said: "It appears that this was not a hate crime but more likely a misunderstanding of Islamic laws about the disposal of holy texts. This kind of act damages the local environment."

Representatives from the mosque have now disposed of the texts in line with Islamic tradition.

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Funding in place to continue

The work of REAL's Local Voices programme, which is about improving access and empowering disabled people, will continue to be funded by the council during 2016.

SEE BELOW

Useful information

Day to fight for social inclusion

News from disability organisation Real

THE International Day of Persons with Disabilities has been marked since 1992 to promote awareness of and mobilise support for critical issues relating to social inclusion of people with disabilities.

The day encourages action and draws attention to the benefits of an inclusive and accessible society for all.

Each year has a different theme, and this time around it's Inclusion Matters: access and empowerment for people of all abilities.

The estimated one billion people living with disabilities worldwide face many barriers to inclusion in many key aspects of society.

As a result, people with disabilities do not enjoy access on an equal basis to basics such as transportation, employment, and education, as well as social and political participation.

The right to participate in public life is essential for stable democracies, active citizenship and reducing inequality.

By promoting empowerment, real opportunities for people are created.

This enhances their own capacities and supports them in setting their own priorities.

Empowerment involves investing in people – in jobs, health, education, and better social protection.

When people are empowered they are better prepared to take advantage of opportunities, they become agents of change and can more readily embrace their civic responsibilities.

Themes for International Day of Persons with Disabilities 2015 include:

- making cities inclusive and accessible for all;
- improving disability data

and statistics;

- including people with invisible disabilities in society and development.

What Real and Local Voices do

REAL is the local user-led organisation of disabled people.

One of the projects we run is called Local Voices, which supports groups of local people to work together to make a difference.

The work of Local Voices is all about improving access and empowering disabled people.

We are just finishing the third year of the project and are pleased that the council will continue funding this work during 2016.

We will be having an event on December 2 and you are invited. The day will:

- celebrate International Day of Persons with Disabilities;
- update you on the work of Local Voices during 2015;
- have discussions in groups about the key concerns for you;
- make sure we set key priorities for Local Voices in 2016
- include lunch and cake!

We are particularly interested to hear about your issues and concerns as a disabled person in Tower Hamlets and, in particular, in relation to:

- housing – is there enough accessible housing? Can you afford the rents? Are you supported to live independently?
- digital inclusion – do you know how to get online? Are you being left behind because more and more shopping and services are only available on websites?

The event takes place at Jack Dash House, 2 Lawn House Close, E14. It starts at 12noon with lunch and the programme starts at 1pm.

Book your place by calling 7001 2170 or email voices@real.org.uk

By Mike Smith,
chief executive Real

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

E1

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.

Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm.

Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.

Chapel, 139 Cannon Street: Mon-Fri 9am-8pm, Sat 9am-6pm.

E2

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.

Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

E3

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm.

Forward, 648 Mile End Road:

Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.

Green Light, St Andrew's Health Centre, 2 Hannafor Walk: 8am-8pm, seven days a week, including bank holidays.

Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm.

Tesco, Hancock Road: Mon 8am-10.30pm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

E14

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat

9am-6pm, Sun 12pm-6pm.
Britannia (Perimart), Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor). To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice

East London Parkinson's Support Group

For people with Parkinson's disease and their carers. Meets third Weds each month, 11am-12pm at John Scurr Community Centre, 1A Bekesbourne St, E14. 0844 225 3704/0808 800 0303

Family Information Service (FIS)

The Family Information Service provides information for people from birth to age 19 including helping parents and carers find childcare, advice on tax credits and childcare vouchers. Open Mon-Fri, 8am-6pm. 30 Greatorex Street, E1. fis@towerhamlets.gov.uk 7364 6495

Alzheimer's Society Tower Hamlets

Advice and help for carers and people with dementia. Mon-Fri, 9am-5pm. Robinson Centre, Mile End Hospital, Bancroft Road, E1. 8121 5626

Tower Hamlets Advocacy Project

Independent advocates for adults with learning disabilities. Mon-Fri, 9.30am-4.30pm. Gladstone Place, 1 Ewart Place, E3. 7364 2550/2199

Parents Advice Centre (PAC)

Offers advice around special educational needs (SEN). 30 Greatorex Street, E1. Drop-in sessions every Tues & Fri, 9.30am-3.30pm. 364 6489

LinkAge Plus

An initiative of the Department for Work and Pensions. Toynbee Hall is one of five centres that coordinates services and activities provided. Mon-Fri from 9am-5pm, drop-in session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1 7392 2914 www.toynbeehall.org.uk

Free Advice

Benefits, housing, immigration.

Bengali speakers, home visits to house-bound. Weds, 10.30am-12.30pm, Island House, Roserton Street, E14. Thurs, 1-3pm, Splash, Will Crooks Estate, Poplar High Street, E14. 7987 9379

Skillsmatch

Free advice on all aspects of employment including training, apprenticeships and job vacancies. Canary Wharf Recruitment & Training Centre, 55 Upper Bank Street, E14. 7364 3727 or email skillsmatch@towerhamlets.gov.uk

Tower Hamlets National Childbirth Trust

Offers support, information and friendship to parents and parents-to-be. Regular events. 07976 710964 or towerhamletsnct@yahoo.com www.nct.org.uk

Breastfeeding Support Centres

Mon 11am-1pm Wapping Children's Centre, 15 Chandler St, E1. Weds 12.30-2.30pm, Collingwood Children's Centre, Buckhurst St, E1. Fri 12.30-2.30pm, Overland Children's Centre, 60 Parnell Rd, E3. Sun 2-4pm Barkantine Birth Centre, 121 Westferry Rd, E14. 3594 2591 or 07961 609 626

Free home fire safety advice

From the London Fire Brigade 08000 28 44 28

Careers advice

Tower Hamlets Careers Service

Careers advice for ages 13-19 (up to 25 SEN). Mon-Fri, 1pm-5pm. Appointments available. Careers Centre, 35 Bow Road, E3. 7364 1401

TH Lifelong Learning

Mon-Thurs, 10am-4pm. Shadwell Centre, 455 The Highway, E1.

Careers advice

Support from Civic Enterprise Clubs Co-operative. Tues & Thurs, 1-4pm & 6-9pm. Bishopsgate Institute, 230 Bishopsgate, EC2. 07432 463343



Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email eastendlife.news@towerhamlets.gov.uk and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name	
Address	
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The season of good will is upon us

Win VIP tickets to this year's Foodies Festival Christmas, featuring Great British Bake Off winner Nadiya Hussain, an elf cookery school, and enough seasonal cheer to keep spirits high.

SEE BELOW

State of independence

Somaliland declared independence from the Somali Republic in 1991, following a long-running conflict.

SEE BELOW

News

A chance to win tickets for Foodies Festival Christmas

BY JESSICA ODUBAYO

TOP London chefs, vegan treats, a Christmas Market with festive favourites, a champagne bar and a gin theatre are just some of the tastebud-tickling features of this year's Foodies Festival Christmas.

The festival returns to the Truman Brewery this weekend, from November 27-29.

Acclaimed chefs and celebrity cooks will swap their aprons for Santa hats in the chefs' theatre, sharing their favourite recipes and top tips to help visitors create a show-stopping Christmas for family and friends.

Other features include an out-

door street food courtyard where visitors can feast on flavours from around the world; a cake and bake theatre hosted by top bakers, chocolatiers and Great British Bake Off contestants; and an accompanying pudding hall.

An elf cookery school will entertain children under 12 with gingerbread men and cookie decorating classes, while families and friends can relax with mulled wine and spiced cider, egg nog and chilled bubbly at the ski bar.

East End Life and the Foodies Festival Christmas have three pairs of VIP tickets to giveaway. Each ticket includes entry to the festival on a day of the winner's choice, a welcome glass of bubbly, use of the exclusive VIP area with



private bar and refreshments, priority entry to food and drink masterclasses, a showguide and goody bag.

Winners may also have a chance to meet Nadiya Hussain, winner of the Great British Bake Off 2015, who will be greeting visitors and posing for photos.

To enter a prize draw for a pair of tickets, answer the following question and send your entry to eastendlife.news@towerhamlets.gov.uk, putting 'Foodies Fest' in the subject line.

Alternatively, send the answer, on a postcard, to Foodie Fest, East End Life, The Town Hall, Mulberry Place, 5 Clove Crescent, London E14 2BG.

Entries must include your full name, address and telephone number and must arrive by 12 noon on Wednesday, November 25.

Multiple or incomplete entries will not be considered. Competition rules apply.

Q. Name the judges of the Great British Bake Off.

Recognition for Somaliland

THE council has agreed to recognise Somaliland as a state at a full council meeting on November 19.

The vote in favour of supporting the campaign to recognise Somaliland as an independent state followed a motion by Cllr Amina Ali.

It set out that Somaliland meets the established criteria for a state – it has a permanent population, a defined territory, a functioning government and capacity to enter into relations with other states in the international community.

Cllr Ali said: "Tower Hamlets has really strong community links with Somaliland and it was a privilege to bring forward this motion supporting its cause for independence.

"Somalilanders have made a massive contribution to Tower Hamlets and are one of the oldest communities here."



Young people gained valuable advice at the MyFuture event in Langdon Park

MORE than 100 young people from across the borough found out about job opportunities, training schemes and apprenticeships at a fair at the Spotlight Youth Centre in Langdon Park. Representatives from the likes of BT, Crossrail and Transport for London were at the event called MyFuture. There was also education advice from Tower Hamlets College, Skills for Growth and

Skillsmatch, the council's jobs and training service. The day was aimed at young people aged 16-19, or up to 25 with special educational needs or disabilities. This was the latest in a series of MyFuture events which aim to bring down the numbers of young people who are not in education, employment or training. For more details call 7364 2707 or email targeted.support@towerhamlets.gov.uk



SPORTS PERSONALITY OF THE YEAR AWARDS



THURSDAY 11TH FEBRUARY 2016
EAST WINTERGARDEN

CALL FOR NOMINATIONS

Make sure your favourite sports person or team are in with a chance of winning by nominating them now at www.canarywharf.com

CATEGORIES: SPORTS PERSONALITY
JUNIOR TEAM • SENIOR TEAM • GROUP
VOLUNTARY COMMITMENT AWARDS

FOR A NOMINATIONS FORM PLEASE CONTACT:

#CWGSPOTY | @YOURCANARYWHARF

EMAIL Muhinur.choudhury@canarywharf.com
TELEPHONE 020 7537 6474

Deadline for nominations:
5pm, Friday 18th December 2015

Men at work

A programme of gully clearing and repair takes place throughout the year to ensure roads do not become flooded.

SEE BELOW



Dig deep for local horticulture project

The Docklands Community Organisation aims to advance the educational, social welfare, cultural, spiritual, recreational and environmental needs of the local area.

SEE BELOW

News

Getting to grips with winter

BY STEFAN SWIFT

THE council has 1,450 tonnes of salt in storage, so its vehicles can grit roads and pavements should snow and ice hit this winter.

Council staff and contractors are on standby to keep roads, cycle paths and pavements safe to use in the event of adverse winter weather.

The winter standby service began on Monday, November 2 and continues for 19 weeks until March 2016.

Cllr Ayas Miah, cabinet member for environment, visited the salt stores last week.

When very cold weather is predicted, council contractors will use the salt to grit roads in advance of icy conditions and snow.

The council is responsible for most roads in the borough, except major routes such as the A11, A13 and A12, which are the responsibility of Transport for London (TfL).

The council is in constant contact with the Met Office so it can prepare for adverse weather.

When snow falls, the council's road sweepers will ensure footways retain their grip, with a particular focus on the following areas:

- hospital and health centre/surgery entrances;
- school entrances;
- care homes/day centres for elderly and/or disabled residents;
- children's centres;
- pharmacies;
- busy public transport areas (excluding TfL areas), shopping centres and other areas of high footfall.

Estate roads and pavements are looked after by the landlord rather than the council. Any queries about salting of roads or pavements in these areas should be directed to your landlord or estate management company.

For more information, visit www.towerhamlets.gov.uk



Cllr Ayas Miah gets a feel for the challenge ahead

News in brief

Docklands project gets back to nature

DOCKLANDS Community Organisation (DCO) is appealing for volunteers, as well as donations of gardening tools, for its Island Horticulture Project, based in the DCO Centre on Mellish Street, E14.

DCO has worked with council volunteers to help encourage participation from members of the community, primarily at weekend workshops.

Gardening tools currently required include a garden shed, secateurs, trowels, a long ladder, hedge shears, rose cutters, rakes, shovels, grip hand forks, gardening gloves, wheelbarrows, boots, hoes and planting pots.

If anyone has any unused or spare tools to donate to the project, call 7719 9658 or email dockorg@gmail.com

tower hamlets



What Can you Do in 2016?



What's available? Project start up support, including training and up to £500 per project, is available to individual community members or informal community groups. (This is not available to larger organisations). So far, over 370 projects have been supported across Tower Hamlets.

What types of project? Your project must show that it supports members of your local community to be more physically active, to improve your local environment, to eat well and maintain a healthy weight, to encourage walking or cycling or to have a positive impact on participants mental wellbeing. You must coordinate the project on a voluntary basis.

Deadline:
12 noon on Friday
29th January 2016

Up to £500
support available
for your community
led project!

How do I apply? To apply for project start up support, you need to contact the Community Development Worker (CDW) based in your Ward Cluster area and ask for an application form.

What help can I get with the application form? The CDWs can help you develop your project idea and write your application. They will be happy to arrange a time to meet you. Here are their contact details:

NW Wards

Weavers, St Peters, Bethnal Green, Spitalfields & Banglatown

Osmani Centre

58 Underwood Road, E1 5AW

Community Development Worker:

Alema Akthar

email: cando@osmanitrust.org

tel: 020 7247 8080



NE Wards

Bow West, Bow East, Mile End, Bromley North, Bromley South

Bromley by Bow Centre

St Leonards Street, E3 3BT

Community Development Worker:

Khudeja Chowdhury

email: cando@bbbc.org.uk

Tel: 020 8709 9845



SW Wards

Whitechapel, Stepney Green, St Dunstan's, Shadwell, St Katherine's & Wapping

Island House

Roserton Street, E14 3PG

Community Development Worker:

Cathy Weir

email: cando@island-house.org

Tel: 020 7531 0312



SE Wards

Limehouse, Lansbury, Poplar, Island G'dns, Canary Wharf, Blackwall & Cubitt Town

Island House

Roserton Street, E14 3PG

Community Development Worker:

Cathy Weir

email: cando@island-house.org

Tel: 020 7531 0312



Can Do applications are assessed by Community Assessment Panels in each locality.
If you would like to volunteer to be on your local panel, please contact your area's CDW for more details.



They deliver, come rain or shine

"They are all so kind – especially Kalam (left), who climbs all those stairs every day for me. I do look forward to the staff coming and appreciate how hard the drivers and cooks work."

ANDREA PENDOCK, BELOW

Fresh 365 days a year

Tower Hamlets is the only London borough to provide a freshly cooked, daily, delivered hot meal service.

News



Freshly cooked meals are delivered 365 days a year to vulnerable residents in Tower Hamlets

BY SAM GOUGH

MAYOR John Biggs joined the Meals on Wheels service last week to help deliver hot meals to vulnerable residents across the borough.

The Mayor visited Andrea Pendock on November 13, as part of celebrations for Meals on Wheels Week.

Run by the National Association of Care Catering, the week aims to raise the profile of meals on wheels services and promote their importance.

Tower Hamlets is the only London borough to cook meals fresh daily for a 365-day-a-year, delivered hot meal service.

And Mayor Biggs joined delivery driver Kalam to take Ms Pendock one of her favourites – fish and chips!

"Coming along today and seeing the impact that this vital service has on the people was really important to me," Mayor Biggs said.

"We have continued to provide this service – and are the last council in London to keep doing it. Today, I understood why!

"But to keep this going, we have worked hard to ensure it is financially sustainable.

"Our contract services team do a huge amount of work to keep costs down and still provide nutritious and delicious meals. The rest of London could learn a thing or two from us."

Every day, the council delivers 250 hot meals to elderly and vulnerable residents. It also prepares a further 100 per day for people in Hackney. In total, that's 127,750 meals per year.

Ms Pendock enjoyed having a chat with the Mayor.



Andrea Pendock receives her fish and chip dinner from Mayor Biggs and Kalam

Meals on wheels are a real lifeline for me

Speaking about the service she receives, she said: "If I did not receive these meals each day, I would not eat very well, I expect. I am not very good at cooking for myself these days."

She said that the meals she received were "delicious", and added: "They are always hot and a real lifeline for me.

"I started having them when I came out

of hospital and have received them every day for the past three years."

She also extended a big thank-you to the meals on wheels team.

"They are all so kind and lovely – especially Kalam here, who climbs all those stairs every day for me," she said.

"I do look forward to the staff coming each day and appreciate how hard the drivers

and cooks back at the kitchen must work."

The service provided by the council was recognised with a sustainability prize by the National Association of Care Catering in October. The judges described the service as "a model for others to follow".

If you would like more information about meals on wheels, call 7364 5005 or email adultcare@towerhamlets.gov.uk

Week focuses on making borough's roads safer

THE council has planned a number of events to mark national Road Safety Week, from Monday, November 23.

In keeping with this year's theme – Drive Less, Live More – the council is encouraging everyone to consider walking, cycling or using public transport instead of their vehicles.

If you drive, the maximum speed limit on all borough roads is now 20mph.

Walkers, cyclists or public transport users are being asked to encourage others to undertake active and sustainable travel.

The council is running an education programme in schools and touring with a new CCTV Smart Car.

The project aims to educate pupils and parents about the importance of zigzag markings outside school gates, which are meant to prevent motorists from stopping.

Council staff are visiting schools to explain why motorists should leave them clear to allow better visibility for pedestrians and approaching vehicles,

to help prevent accidents and keep children safe.

The council and Metropolitan Police safer transport team will also distribute more than 7,000 copies of the Walk about, Talk about multimedia DVD, to parents and carers of primary school children.

It looks at ways pedestrians can stay

safe and how parents and guardians can be good role models.

Cllr Ayas Miah, cabinet member for environment, said: "It is really important children are protected from the dangers associated with roads."

For more information about this week's activities, call the council's road safety team on 7364 2221.



Sima
Bethnal Green

Why
should I?

Because
putting
the right
stuff in the
right bin
saves us
£500,000
a year!



Emanuele
Bethnal Green



Black bag = Black bin = Rubbish

Pink bag = Purple bin = Recycling

Keep it clean
Save £££'s!
Recycle
right!



Celebrate Small Business Saturday

in Whitechapel
this year

Saturday 5 December 2015
Whitechapel Market
11.30am – 4.30pm

- Tasty hot food stalls
- Community stalls
- Musicians and street performers
- Children's choir
- Fun for all the family

Make sure you **#shoptowerhamlets**
this Small Business Saturday – *and all year round*





Residents urged to drink responsibly

Safe drinking guidelines suggest men should not regularly drink more than 3-4 units of alcohol a day and women not more than 2-3 units. For more advice on drinking and lifestyle visit...

WWW.NHS.UK/CHANGE4LIFE/PAGES/SNEAKY-DRINKS.ASPX

Local cycling strategy

For details visit www.towerhamlets.gov.uk/lgnl/transport_and_streets/cycling/cycling_strategy.aspx

SEE BELOW

News

CRIME and anti-social behaviour concerns were discussed at a roadshow in Altab Ali Park last week. It was the first of 20 events organised by the council so residents can raise community safety concerns directly to politicians, senior staff and the Metropolitan Police. The council's mobile police office will visit all wards in the borough on various dates from 3-6pm over the coming months.



Council officer Shazia and Cllr Shiria Khatun talk to a member of public

Right: PS Edward Miles and the council's mobile police office



News in brief

SEND youth forum

THE All Ability Youth Forum gives a voice to young people with special educational needs and/or disabilities (SEND) who live in Tower Hamlets.

These meetings provide a space for young people with SEND to support each other, and identify what they want and need.

Over the last year, the forum have been looking at what services, activities and support groups young people would like. Now it is trying to work out how best to influence decision makers and develop relevant projects and services.

If you want to get involved, the next meetings are Saturday, November 21 and Saturday, November 28, from 11am to 1pm.

All meetings are held at 30 Greatorex Street, E1.

To get involved, email charlotte.latimer@towerhamlets.gov.uk or call 7364 4982.

Committed to safer cycling

BY STEFAN SWIFT

THE council is taking action to show its commitment to making cycling safer across the borough.

Following a review by the overview and scrutiny committee, councillors requested that a number of improvements be made.

The review invited experts from across London to share their knowledge and learning on how Tower Hamlets could become one of the safest boroughs in London for cycling.

The overview and scrutiny committee session in January 2015 heard from a range of groups and organisations including council officers, the Metropolitan Police, Transport for London (TfL), safety cycle route campaigners, Sustrans, Tower Hamlets Wheelers, the London Cycling Campaign and Hackney Council staff.

The findings concluded that the council should produce a new cycling strategy – something that has already been implemented. Following consultation, a finalised version will be published next month.

The strategy sets out how the council will increase the number of cyclists while reducing the risk of accidents by 40 per cent by 2025.

The committee suggested the council look at the provision of secure cycle parking – the council plans to build on the 136 spaces it installed last year, with another 202 spaces planned for 2015-16.

One recommendation called for the council to publish details of annual spending on its cycling agenda.

The development of a cycling friendly borough is being treated as a priority.

The committee requested a borough-wide implementation of a 20mph speed limit and support for TfL's Safer Lorry Scheme. The council has already implemented these recommendations.

Cllr Dave Chesterton, the borough's cycling champion, said: "The work undertaken by the overview and scrutiny committee is essential in making cycling safer and more commonplace in the borough.

"The council will work to these recommendations and will report on progress."

Making a mark

THE Young Mayor of Tower Hamlets had the chance to see for herself what it is like to be an MP.

Deng Yan San joined other young people at Westminster for the UK Youth Parliament's annual debate in the House of Commons on November 13.

Since 2009, members of the Youth Parliament have been the only people other than MPs permitted to sit on the green benches and debate once a year.

The issues they discuss are chosen in Make Your Mark, an online consultation for young people across the country, and the outcomes help inform campaigning priorities for the coming year.

Almost a million young people voted on the issues, which included racism and religious discrimination, the living wage, mental health services, and improving public transport.

Turnout in Tower Hamlets was the ninth most improved in the country, following a record turnout of 72 per cent for our Young Mayor elections.

New homes welcomed

RESIDENTS enjoyed a celebration to mark the building of new homes and the opening of a community centre in Bethnal Green.

The project was funded by the council and the Greater London Authority (GLA).

The celebration, on November 7, included tours of the new centre and site at Bradwell Street, refreshments and activities for children.

Bradwell Street is Tower Hamlets Homes' first new

development in the borough. The project has delivered much-needed new housing including nine four-bedroom houses (three with disability adaptations), three two-bedroom flats and the community centre.

The community centre was officially opened by Mayor John Biggs. "The new houses and flats at Bradwell Street will make wonderful new homes for families," he said.

"In particular, I know that the bespoke homes for people with disabilities will

transform the lives of residents."

Richard Blakeway, deputy mayor of London for housing and land, said: "Boosting house building in ways that are tailored to the needs of the community is vitally important. This is one of the many schemes we are funding through the Mayor of London's Housing Covenant."

All of the properties at Bradwell Street are let at an affordable rent, supporting local people to live, work and contribute to their neighbourhoods.

Battle the booze

TO mark Alcohol Awareness Week, residents are being reminded to think about their drinking and check safety guidelines.

Led by national charity Alcohol Concern, this year's campaign theme was the impact of alcohol on health, families and communities.

Although Tower Hamlets has many people who don't drink for religious or cultural reasons, of those that do drink, four in ten are classified as harmful drinkers compared to

figures of two in ten nationally.

During the week, which ran from November 16-22, the council's drug and alcohol action team and its partners trained staff on referring people into services and Tower Hamlets Community Alcohol Team hosted information stalls.

Dr Somen Banerjee, council director of Public Health, said: "With Christmas fast approaching, when many drink more than usual, it is important to aim to have at least two alcohol-free days per week."



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We offer qualifications at

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The best A level results in
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OPEN EVENING

Wednesday 9th December, 4.30pm – 7pm

Old Bethnal Green Road
London E2 6PR

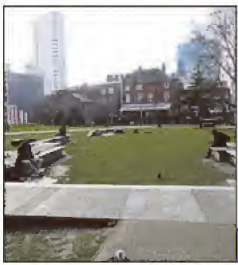
Average Grade per student A level entry = B.
Average 3 grade A level performance = AAB.
37% A*/ A grades.
62% A* - B grades.
40% students go to Russell Group Universities

* DfE Performance Tables 2014



t: 020 7613 1014

e: sixthform@oaklands.towerhamlets.sch.uk



Sharing a space with East End ‘rulers’

Beneath the grass of Altab Ali Park, left, where the church of St Mary’s Whitechapel once stood, are the remains of two of the East End’s most memorable former residents.

SEE BELOW

Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at johnrennie@gmail.com

WWW.EASTLONDONHISTORY.COM

History

Whitechapel’s pirate president

BY JOHN RENNIE

YOU’LL search in vain for the ‘white chapel’ in London E1. The chapel of ease which, in its various incarnations, sat for hundreds of years on the Whitechapel Road, is gone, destroyed by enemy bombs on December 29, 1940.

Where it once stood you’ll now find just an open space [see panel below]. But beneath the neatly cropped grass of Altab Ali Park lie the remains of two of the most remarkable ‘rulers’ in East End history.

Richard Parker, the President of the Floating Republic, and the eccentric Jeffrey Dunstan, Mayor of Garrat. Remarkable both, because they were rulers of territories that didn’t actually exist. But while the rule of one would end in farce, the other would culminate in tragedy.

Jeffrey Dunstan was a foundling, raised in the workhouse of St Mary’s ‘twin’ parish of St Dunstan (hence the surname). Young Jeffrey enjoyed a varied career. He was apprenticed to a greengrocer at 12; he ran away to Birmingham shortly afterwards and wound up working in the factories there (unsurprisingly he thought better of it and swiftly ran back to the capital); and in 1776 he was making a living buying and selling old wigs in the fashionable West End (in those days, every gentleman, of course, had to own at least one wig).

Dunstan had a vigorous method of drumming up business: parading the streets of the West End and City, clapping his hands to his mouth for volume and projection and shouting out ‘old wigs’. In those dull, pre-Xbox days, this was enough to attract a crowd of amused youngsters, who would follow him, echoing his sales call.

But Dunstan was to win a greater fame when he was elected the Mayor of Garrat in 1785, on the death of the existing mayor, Sir John Harper. Just two issues there: Mr Harper had never actually been knighted, and the mayoralty of Garrat was a very English joke.

Garrat Common was situated between Wandsworth and Tooting in Surrey (now south London) and the local worthies were very particular about who used it, establishing a pettifogging collection of rules governing access, with the whole shebang administered by a mayor, who would be re-chosen after each general election.

It was ludicrously over the top and ripe for spoofing. A group of Londoners now set up their own, rival elections for mayor, with a selection of eccentrics putting themselves



St Mary’s Whitechapel as depicted by an artist in its heyday

treatment and seeking political change, with Parker even being dubbed ‘the President of the Floating Republic’.

On June 6, the man dubbed the President met the Government’s Lord Northesk, handing over a petition and demanding the Admiralty accede within 54 hours, otherwise “such steps by the Fleet will be taken as will astonish their dear countrymen.”

It was dangerous brinkmanship, and many of the mutineers, panicking, began to desert the revolt. The 54 hours passed; the bluff had been called. The Admiralty, fearful that the charismatic leader would escape, put a bounty of £500 (around £75,000 in modern money) on Parker’s head.

The mutineers were deadlocked. And when President Parker took the bold decision of hoisting the signal for his motley fleet to sail for France, his men failed to follow their President. The revolt crumbled. Parker was summarily tried, convicted of piracy and treason and hanged from the yardarm of the Sandwich. It was a brutal revenge. In all, 29 men were hanged and many more were flogged and transported to Australia.

Yet, despite the express wishes of King George III, Parker’s corpse escaped being publicly gibbeted after his death. His wife Anne, who had worked tirelessly to prevent his execution, rescued his body from an unconsecrated burial ground and smuggled it into London, where crowds did gather to see it. After receiving Christian rites, President Parker was buried in the grounds of St Mary Matfelon Church, alongside his fellow ‘politician’, Mayor Dunstan.

forward. Dunstan won the election, and became a minor celebrity, even being brought on stage at the Haymarket theatre. Alas, the nerve that had carried him through the hustings failed him at the last... and stage fright sent him scuttling from the boards. Dunstan would die in 1797 and was buried in the Whitechapel churchyard.

That very year, another Whitechapel man, Richard Parker, rose from humble stock to become not just a mayor but a president no less.

This was the year of mutinies in the Royal Navy (in truth, they were justified revolts – strikes in demand of better pay and conditions, in the days of Navy ratings being treated with famous cruelty and brutality). The mutiny at Spithead, near Portsmouth, lasted from April 16 to May 15 and ended in triumph for the mutineers. They were pardoned, and the worst abuses in the Royal Navy, such as dreadful food, brutal discipline and the withholding of pay, began to be remedied. The leaders of the mutiny would remain anonymous and were given a royal pardon.

The mutineers at the Nore, an anchorage in the Thames Estuary (roughly halfway between Havengore Creek in Essex and Warden Point in Kent) were not so lucky. Inspired by the Spithead men, the crew of the Sandwich seized control of their ship, and were followed by others in the fleet.

The disparate group of vessels needed a leader and, among the ill-educated ratings, Richard Parker stood out for his obvious intelligence and education. Parker had previous with the Navy, having been court-martialled in 1793, but had subsequently

re-enlisted as a seaman. The articulate Parker was elected ‘President of the delegates of the Fleet’ by his fellows, and he proceeded to present a list of eight demands to Admiral Charles Buckner – mainly concerning pardons and raises in pay.

The furious Admiralty, stung by the concessions at Spithead, refused to listen, and the dispute escalated. Now the rebels blockaded London and, as more ships joined, no merchant vessels were able to get into or out of the port. But the mutineers were now being starved into submission by the Admiralty, who feared that the mutiny was going beyond demands for fair

The white chapel

THE original church, known as ‘Whitechapel Church, St Mary Matfelon’ was the second oldest in Stepney after St Dunstan’s. It was created as a chapel-of-ease in the 13th century, for those who couldn’t easily get to the parent church for their obligatory worship. The church was painted in a mix of lime and chalk, giving it a gleaming white finish and earning it the nickname of ‘the white chapel’... which eventually became the name of the area.

In 1673, the now more populous parish was split in two. The new parish of St Mary’s got a new church, and a third was built in 1877, at the expense of Tory MP and brewer Octavius Coope, of Ind Coope fame.



Just three years later it was largely destroyed by fire, but repaired and reopened in 1882. By now, extra services were being given in Yiddish, a nod to the huge numbers of immigrants now arriving from Eastern Europe. The unlucky church was hit again, this

time by enemy bombs in 1940. It stood in ruins until 1952, when it was finally demolished.

In 1966, the site became St Mary’s Gardens, renamed Altab Ali Park in 1998, in memory of 25-year-old Altab, murdered on Adler Street on May 4, 1978, as he walked home from work.

A floor plan of the old church and a few graves nod to the site’s previous life. And St Mary’s of course also gave its name to the old St Mary’s (Whitechapel Road) a lost station on the London Underground, which lay between Whitechapel and Aldgate stations.



Robin Hood Gardens, with its 1960s housing development edging the green



All Saints Church, built in 1823, is renowned for its spire

East End evolution

Walk of the Month: Poplar

On this month's walk, **Graham Barker** looks at the changing landscape around Poplar. Photos by **Kois Miah**.

THE East End continually reinvents itself; old buildings are adapted for new purposes, neighbourhoods are re-modelled to better meet modern-day needs.

You'll see signs of such change on this month's walk: a health centre built on a former graveyard, a chapel that now serves as a community centre, new schools looking spick and span. Look out too for a giant chihuahua and pop-up events at Chrisp Street Market.

From Blackwall DLR station, head around the bus stand – a terminus for No 15 New Routemaster buses – and into Robin Hood Gardens (1). Designed in the late 1960s by architects Peter and Alison Smithson, the housing blocks angle gently around a large green. Wide walkways replicate 'streets in the sky' and the concrete exterior reflects the Brutalist style.

Keep right of the mound. As you exit, Blackwall Tunnel rumbles with lorries commuting south to Greenwich Peninsula, and the Mulberry Place council offices sit tucked behind the old East India Docks wall.

The newly-built Woolmore Primary School (2) – picked out with a tree logo and colourfully lit glass atrium – has extensive playgrounds, buzzing with children's chatter.

Beyond, two new blocks – Camellia House and Blashill Court – represent the first phase of the Blackwall Reach Regeneration Project (3), a scheme to create 1,500 homes within the next ten years. The new Poplar Mosque and Community Centre stands alongside, textured with red bricks.

Out on Cotton Street, cross at the lights

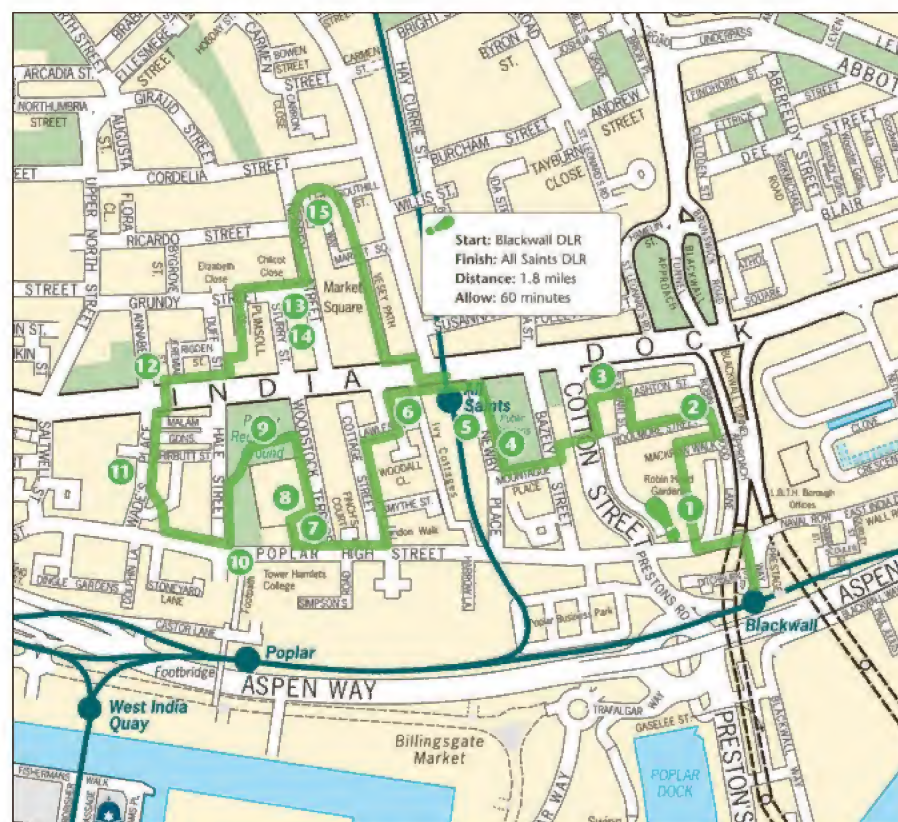
Centre: skyscrapers and new developments now pepper the East End skyline

and cut through a small green towards All Saints Church (4). When it was built in 1823, the church's sleek white spire – some 160 feet high – dominated the skyline hereabouts.

Opposite, Newby Place Health and Wellbeing Centre (5) is a hub for GPs and health trainers. A granite obelisk and a door-side plaque remember the "1,356 paupers, cholera victims and foreign sailors whose remains were removed in 2010" before the centre was built.

A giant chihuahua – some eight storeys high – greets you on East India Dock Road. Painted by elusive street artists Irony and Boe as a comment on gentrification, it's somewhat manic and endearing at the same time.

Continue past All Saints DLR station. Poplar Baths (6) are currently under redevelopment to provide a pool, gym and rooftop ball court. Artists' impressions also show the new corner café, foyer space and glass frontage.



Right: the Queen Victoria Seaman's Rest building





Calvary Charismatic Baptist Church prayer temple



The hustle and bustle of Chrip Street Market

From Poplar Bath Street, the view opens out to Cottage Street green. At the far end, Poplar Coroner's Court and Mortuary looks rather like an Arts and Crafts country house.

Soon, there's another remarkable building – a Gothic confection of granite columns, stone trimmings and a domed octagonal tower. 'PBW' over the doorway provides a clue: this was built for the Poplar Board of Works (7) in 1870.

Beside Meridian House – with its weather-beaten crest – a pathway leads you to St Matthias Community Centre (8). Built in 1654 as a chapel for the wealthy East India Company, it's now a base for Neighbours in

A giant Chihuahua – some eight storeys high – greets you on East India Dock Road.



Poplar, LinkAge activities, dance groups, and a homeless project. Inside, seven of the eight columns are oak – rumoured to be ships' masts, but alas untrue – and stained glass windows portray the seven heavenly virtues.

Outside, a circular plaque forms part of the SPLASH Poplar heritage trail. This one depicts the trade with the Far East in tea, spices, indigo and silk.

From Woodstock Terrace, head into Poplar Park. A beautiful white angel (9) stands centre stage, commemorating 18 children of Upper North Street School killed during a Zeppelin air raid in June 1917.

Curve beside climbing logs and spinning disks, to emerge onto Hale Street. Here, a mural shows George Lansbury, leader of the 1921 Poplar rates rebellion, who later became Labour Party leader.

Out on Poplar High Street, Tower Hamlets College (10) is busy with students. The college occupies a medley of buildings – including the former Poplar Library – ending with the angular white corner block added in 2004.

Next door, The Workhouse sports centre, as its name suggests, stands on the site of the Poplar Workhouse. Will Crooks spent some of his childhood here, before rising to become a trade unionist and MP. The Will Crooks Estate stands opposite – a dove perches on the archway fretwork and there's a Crooks mural inset into Wigram House.

Cut through onto Wade's Place. Our Lady and St Joseph Catholic Primary School and St Francis Family Centre (11) – opened in March 2015 – stands out with an interlocked ichthus logo and spectrum of stripes.

Further along, Malam Gardens was built in 1936 for Commercial Gas Company employees and, remarkably, it is still lit by gas lamps.

Cross East India Dock Road at the lights. The Queen Victoria Seamen's Rest (12) – set up by the Methodist Church – has sheltered seafarers, army veterans and others in need since 1843. Behind the 1950s front buildings, there's a glimpse of the earlier hostel in Jeremiah Street.

The adjacent stuccoed terrace was also once a sailors' home, established in 1841 by philanthropic shipbuilder George Green.

On Duff Street, take the side gate sign-posted into Plimsoll Close. It's an oasis away



East India Dock Road's giant chihuahua

from the traffic, bringing you round into Grundy Street. This area sustained heavy Blitz damage and was redeveloped as the Lansbury Estate; it was showcased as a model of post-war integrated town planning during the 1951 Festival of Britain.

On the corner, Trussler Hall (13) serves as a base for the East London Chinese Community Centre, and office of MP Jim Fitzpatrick. Behind it, the Poplar Salvation Army Corps (14) is the oldest surviving corps in the world, set up in 1872. Nip in to their charity shop or café displaying heritage materials. Upstairs is home to the Paradise Zone youth centre.

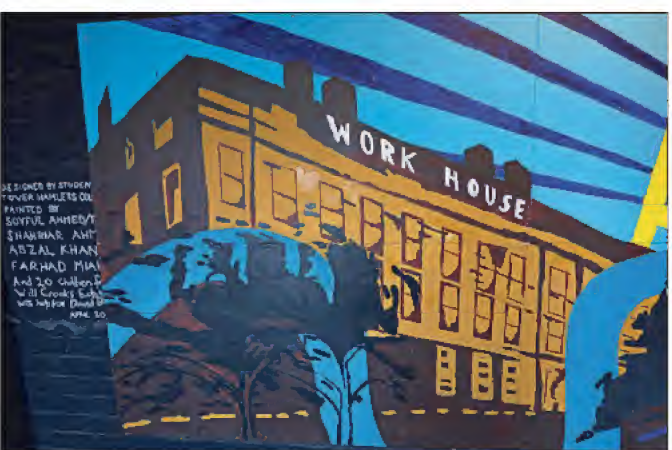
Head on, to browse the value-for-money wares at Chrip Street Market (15). Shops sell furniture, hardware and pet supplies, whilst stalls set out enticing displays of fruit and veg, scarves and jewellery.

Locals sit and chat outside cafes, including Ivy's, which has served saveloys, pease pudding and faggots since 1951.

Social landlord Poplar HARCA kick-starts many creative initiatives hereabouts; you might find musicians busking, a pop-up



Old Poplar Town Hall



A detail from the Will Crooks Estate mural

exhibition or community feast. On Vesey Path, look out for Your Bike 'up-cycling', the monthly BITE street food market, and Emmaus charity shop.

Clad with distinctive blue and green glass, Idea Store Chrip Street is one of five across the borough. As well as books, you'll find DVDs, online access, book clubs, and tea-n-chat Prime Time for older people.

And so you're back at All Saints DLR station, the end of your walk.

Isku soo dhawaashada

War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.

7364 3179



প্যারিস হামলায় নিহতদের স্মরণে নীরবতা পালন

ফ্রান্সের রাজধানী প্যারিসে সন্ত্রাসী হামলায় নিহতদের স্মরণে গত ১৬ নভেম্বর সকল ১১টায় টাউন হলে এক মিনিট নীরবতা পালন করা হয়। ১৩ নভেম্বর শুক্রবার ৭টি পৃথক সন্ত্রাসী হামলায় ১৩০ জনেরও বেশি লোক নিহত এবং কয়েক শতাধিক আহত হন। বিস্তারিত পড়ুন নিচে –

MINUTE'S SILENCE HELD IN MEMORY OF PARIS TERROR VICTIMS

Harmony

Hindisaha kordhintaiskuulada degmada

Green light for 450 extra school places – issue 1086

QORSHE ah in 450 meelood lagu kordhiyo iskuulada degmada ayuu councilku ogolaaday.

Sidoo kalena waxa kulankii wasiirada councilka ee qab-soomay, Salaasadii 3da, Noofambar lagu ansixiyey dib-uhabayn lagu sameeyo Burdett Estate.

Dhul banaan ayaa si amar ah loo iibsaday, si loogu caawiyo in mulkiilaha Poplar Harca u isticmaalaan mashruuca dib-uhagaajinta.

Amarka iibsiga ahi wuxu councilka u ogolaanayaa, inuu helo dhulkii uu qorshahan ugu baahnaa, taas oo councilku dib-ugu dhisayo laba sakadood, oo laga dhigayo guryo cusub oo kiro iyo iib noqon doona.

Waxaa sidoo kale laga dhisayaa qaybo cusub oo muhiim ah laguna kordhinayo, St Paul's Way Trust School.

Mashruucan qorshihiisa hore ayaa loo ogolaaday, waxana councilku ugu balan qaaday £13 million oo iskuulka lagu balaadhiyo.

Qorshuhu wuxu yahay in la

dumiyo guryaha Printon iyo Linton, oo ah guryo ay leeyihiin Harca, dibna looga dhiso saxxada dhulka oo iskuul laga dhigo iyo xaga sare oo laga dhiso guryo.

Waxa diyaar noqonaya 450 meelood oo lagu kordhinayo iskuulada hoose, oo ay ka mid yihiin iskuulada xanaanada caruurta, sidoo kale St Paul's Way Trust School wuxu u adeegi doonaa 1,650 carruur ah, oo da, doodu u dhaxayso 4 jir ilaa 18 jir.

Arintani waxay councilka ka caawinaysaa inuu sii wado wax ka qabashada baahida meelaynta iskuulada ee sii kordhaysa. Qorshaha iskuulka lagu dhisayo, waxa kale oo la socda garoomo lagu ciyaaro, iyo garoon ciyaareed cusub oo iskuulku yeelanayo.

Horumarkani wuxu suurta gelinayaa in la dhiso 109 guri, oo ay ka mid noqon doonaan 26 guri oo kiro ah, 83 guri oo la iibin doono, iibkooduna hooseeyo ilaa 30%.

Guryahan cusub ee la dhisayo waa guryo heerkooda nololeed

sareeyo, qiimaha biilasha ku baxayaana aad u hooseeyo, si loo yareeyo kharashka xad dhaafka ah ee kulaylinta guryaha kaga baxa dadka danyarta ah.

Poplar HARCA waxay la shaqaynaysaa booliska, si loo hubiyo horumarka laga sameeyey dhinaca dembiyada. Poblal Harca waxay sidoo kale si taxadir leh u maamulaysaa kharashka qiimaha guryaha loogu talo galay.

Duqa John Biggs ayaa wuxu yidhi: "Waxaan ku faraxsanahay inaanu taageerno soo bandhigida mashruucan, oo soo kordhinaya meelo dheeraad ah oo baahi looga qabo iskuulada, iyo iskuulo tayadoodu sarayso oo aad loogu baahan yahay, sidoo kalena waxa yaraanaya cadaadiska guryaha iyadoo la dhisayo guryo kiradooda la awoodi karo."

Xildhibaan Rachel Blake, xubina ka ah qaybta istiraajiyada iyo horumarka, ayaa isna yidhi "Waxaanu ku faraxsanahay inaanu taageerno Poplar Harca oo qorshahan fulinaysa."

Dooda isutagga kulliyadaha

Colleges discuss merger plan – issue 1086

KULLIYADA Tower Hamlets waxay wadahal la bilowday kuliyaadaha Redbridge iyo Hackney, si loo asaaso hindisayaal lagu wada shaqaynayo degmooyinka oo dhan.

Aragtida cusub ee kuliyaduhu waa in diirada lasaaro sidii fursado loogu heli lahaa dadweynaha, dadka degmaduna waxbarashada ka qayb qaataan, kana faa'iideystaan guud ahaan manhajiyada, iyo inay helaan xirfadaha ay u baahan yihiin si ay horumar u sameeyaan.

Afhayeen u hadlay kulliyada Tower Hamlets ayaa yidhi wada shaqayn dhow oo la wada yeeshaa, waxay wax ka taraysaa

dhacdooyin badan oo ay ka mid tahay cadaadiska xaga dhaqaalaha.

Afhayeenku waxa kale oo uu sheegay, qaran ahaan xukuumadu waxay bilowday inay si dhab ah dibu-eegis ugu samayso balaadhintaa kulliyadaha. Dib-u-eegista caasimadu waxay bilaabmaysaa xilliga gu'ga, waxana hogaamin doona Duqa London.

Kulliyada Tower Hamlets iyo Kulliyada Redbridge College waxay sidoo kale xubno ka yihiin Isbahaysiga Kulliyada Bariga London, oo la asaasay bishii Abril ee sanadkan.

Isbahaysiga oo sidoo kale ay ka mid tahay Kulliyada

Newham, wuxu kulliyadaha fursad u siinayaa inay kor u qaadaan ahmiyadooda guud iyo inay si midaysan u wadaagaan dalabyada iyo kaydka dhaqaalaha.

Waxa suurta gal ah inay midoobaan Redbridge iyo Tower Hamlets, hadii guddiyadoodu isla ogolaadaan, waxa isutaga si rasmiya loo dhameys tirayaa 1da, Agoosto 2016.

Hadaad u baahan tahay warbixin ama doonayso inaad ka qayb qaadato wadahal, oo soconaya ilaa 13ka Deesambar, usoo dir email mergerconsultation@tower.ac.uk ama booqo www.tower.ac.uk/merger-consultation



Staff at the minute's silence at the Town Hall

প্যারিস হামলায় নিহতদের স্মরণে টাউন হলে নীরবতা পালন

Minute's silence for Paris terror victims – see page 3

ফ্রান্সের রাজধানী প্যারিসে সন্ত্রাসী হামলায় নিহতদের স্মরণে গত ১৬ নভেম্বর সকল ১১টায় টাওয়ার হ্যামলেটস্ কাউন্সিলে এক মিনিট নীরবতা পালন করা হয়।

১৩ নভেম্বর শুক্রবার ৭টি পৃথক সন্ত্রাসী হামলায় ১৩০ জনেরও বেশি লোক নিহত এবং কয়েক শতাধিক আহত হন।

নীরবতা পালন কর্মসূচি শেষে মেয়র অব টাওয়ার হ্যামলেটস্, জন বিগস বলেন, সাধারণ মানুষের ওপর এটা হচ্ছে দানবীয় হামলা। এতে হতাহতদের আশু সুস্থতা প্রার্থনা করছি, তাদের পরিবারের প্রতি সমবেদনা জানাচ্ছি এবং যারা প্রাণ হারিয়েছেন তাদের আত্মার শান্তি কামনা করছি।

মেয়র বলেন, এই ধরনের আক্রমণের বিরুদ্ধে আমাদের ঐক্যবদ্ধভাবে কণ্ঠে দাঁড়াতে হবে। তবে একই সাথে আমাদের সদা সতর্কবস্থায় থাকতে হবে এবং তরুণ বয়সীরা যাতে এই ঘটনার প্রেক্ষিতে কোনরূপ বিদ্বেষপূর্ণ কাজে জড়িয়ে না পরে, তা নিশ্চিত করতে হবে।

এসময় কনজারভেটিভ গ্রুপের নেতা, কাউন্সিলর পিটার গোল্ডস্ বলেন, ফুটবল ম্যাচ, কনসার্ট, রেস্টুরেন্টে খেতে যাওয়া সারা বিশ্বের মানুষের কাছেই জীবনের অংশ। এইসব সাধারণ অনুষ্ঠানগুলোতে হামলা করে যারা নিরীহ মানুষকে হত্যার উৎসবের মেতে ওঠে তারা

বিকৃতকৃচির অধিকারী। আসুন আমরা আমাদের অতি কাছে এই প্রতিবেশির পাশে দাঁড়াই।

লিডার অব দ্যা ইন্ডিপেন্ডেন্ট গ্রুপ, কাউন্সিলর ওলিউর রহমান বলেন, প্যারিসে এই হামলা খুবই জঘন্য এবং মানবজাতির বিরুদ্ধে। আমরা দ্ব্যর্থহীনভাবে এই সহিংসতার নিন্দা জানাচ্ছি।

তিনি বলেন, প্যারিস হামলার শিকার, তাদের পরিবার ও প্রিয়জনদের প্রতি, আমাদের প্রতিবেশি ফ্রান্সের প্রতি এবং সন্ত্রাস ও যুদ্ধের কারণে যারা প্রাণ হারাচ্ছেন, তাদের প্রতি সমবেদনা জানাচ্ছি।

“প্যারিস হামলার দায়িত্ব স্বীকার করেছে তথাকথিত ‘ইসলামিক স্ট্যাট’, কিন্তু ইসলামে নিরীহ নির্দোষ মানুষের জীবন নেয়ার কোন সুযোগ নেই। ধর্মের নামে এ ধরনের হামলার দায় স্বীকার করে তারা কোনভাবে তাদের শয়তানী কর্মকাণ্ডকে আড়াল করতে পারবে না।”

এই হামলার প্রতিক্রিয়ায় টাওয়ার হ্যামলেটস ইন্টারফেইথ ফোরাম এর একটি বিবৃতিতে বলা হয়, আমরা টাওয়ার হ্যামলেটসের ধর্মীয় কমিউনিটিগুলোর প্রতিনিধিরা প্যারিস হত্যাজ্ঞে গভীরভাবে হতবাক। যারা প্রাণ হারিয়েছেন ও আহত হয়েছেন, তাদের পরিবার পরিজনদের প্রতি এবং প্যারিসের সকল বাসিন্দাদের প্রতি সমবেদনা জানাচ্ছি।

বিবৃতিতে আরো বলা হয়, ধর্মের নামে এই ধরনের নৃশংস হামলা যারা ঘটিয়েছে, তাদেরকে আমরা পুরোপুরি প্রত্যাখ্যান করছি। প্যারিস এবং লন্ডনে বহু সাংস্কৃতিক ও সহনশীলতার যে বৈশিষ্ট্য, তাকে ক্ষতিগ্রস্ত করতে চায়। তাদের এই সহিংসতা মুখে আমাদের এবং সকল বিশ্বাসী কমিউনিটির অঙ্গিকার হচ্ছে উন্মুক্ত ও শান্তিপূর্ণ সহনশীল সমাজ আমরা গড়ে তুলতে চাই, যেখানে সকল ধর্ম বিশ্বাসী কিংবা অবিশ্বাসীরা তাদের মর্যাদা ও সম্মান নিয়ে বসবাস করতে পারবেন।

সকল কমিউনিটিকে সর্ববিস্তার সতর্ক থাকার এবং ফ্রান্সের এই জঘন্য হামলার বিরুদ্ধে ঐক্যবদ্ধ হওয়ার আহ্বান জানিয়েছে দ্যা কাউন্সিল অব মস্ক। তাদের এক বিবৃতিতে বলা হয়, এই জঘন্য হামলা মানবতার বিরুদ্ধে অপরাধের সাক্ষি। কোন ধর্মেই এ ধরনের হামলাকে সমর্থন করার সুযোগ নেই। হামলার শিকার হতাহতদের প্রতি আমাদের সমবেদনা জানাচ্ছি। সন্ত্রাসিরা যতই আমাদের মধ্যে বিভেদ সৃষ্টি করতে চাক না কেন, আমরা ফ্রান্সের জনগণের পাশে দৃঢ়তার সাথেই দাঁড়িয়েছি।

টাওয়ার হ্যামলেটসে ঘণাজনিত কোন অপরাধ সম্পর্কে রিপোর্ট করতে ১০১ নম্বরে ফোন করার জন্য, অথবা ঘটনা যদি খুবই গুরুতর হয়, তাহলে ৯৯৯ এ কল করে পুলিশের সাহায্য চাইতে অনুরোধ করা হয়েছে।

Memorial bench unveiled in honour of young dad



Khadeja plants a tree to remember her dad

ক্যাপারে আক্রান্ত হয়ে অকালে মৃত্যু বরণকারী টাওয়ার হ্যামলেটস কাউন্সিলের তথ্যপ্রযুক্তি বিশেষজ্ঞ তানভীর চৌধুরী স্মরণে পপলার রিক্রেশন পার্কে একটি মেমোরিয়াল বেঞ্চ স্থাপন করা হয়েছে। পরিবার, বন্ধু বান্ধব ও সহকর্মীদের উপস্থিতিতে বেঞ্চটি স্থাপনের পর প্রায় তানভীরের তিন বছর বয়সী মেয়ে খাদিজা (ছবি) বাবার নামে একটি গাছের চারা রোপন করে। কাউন্সিল এবং আইসিটি সার্ভিস প্রোডাইভার এজিলিসিস এ কর্মরত তানভীরের সহকর্মীরা তাঁর নামে একটি চ্যারিটির জন্য তহবিলের সংগ্রহের লক্ষ্যে বেন নেভিস পর্বত আরোহন করেন। এ পর্যন্ত তারা ৬ হাজার পাউন্ড সংগ্রহ করেছেন, যা দিয়ে তানভীরের নাম যে দেশগুলোতে বিশুদ্ধ খাবার পানির অভাব রয়েছে, সেখানে খাবার পানির বন্দোবস্ত করা হবে।



সঠিকভাবে আবর্জনা রিসাইকল করতে বাসিন্দাদের প্রতি আহ্বান

রিসাইকল উপযোগী ও গৃহস্থালী আবর্জনা একই বিনে না ফেলে বহুরে প্রায় অর্ধ মিলিয়ন পাউন্ড সাশ্রয়ে কাউন্সিলকে সহযোগিতা করতে বাসিন্দাদের প্রতি আহ্বান জানানো হয়েছে। রিসাইকল উপযোগী ও অনুপোযোগী আবর্জনা একই বিনে ফেলায় বহুরে প্রায় ৫ লাখ পাউন্ড ব্যয় করতে হয়। বিস্তারিত নিচে –

RESIDENTS ASKED TO RECYCLE RIGHT!

Harmony

সঠিকভাবে আবর্জনা রিসাইকল করতে বাসিন্দাদের প্রতি আহ্বান

Residents asked to recycle right – see page 20

রিসাইকল বা পুণঃব্যবহার উপযোগী পরিত্যক্ত সামগ্রী এবং গৃহস্থালী আবর্জনা এক সাথে না মিলিয়ে বহুরে প্রায় অর্ধ মিলিয়ন পাউন্ড সাশ্রয়ে কাউন্সিলকে সহযোগিতা করতে বাসিন্দাদের প্রতি আহ্বান জানানো হয়েছে।

একই বিনে গৃহস্থলি ময়লার ও রিসাইকল উপযোগী আবর্জনা ফেলায় প্রতি বছর কাউন্সিলকে প্রায় ৫ লাখ পাউন্ড অতিরিক্ত ব্যয় করতে হয়। উচ্ছিন্ন খাবার, পলিস্টেরিন অথবা ন্যাপি ইত্যাদি শুধুমাত্র কালো প্লাস্টিক বিন ব্যাগে ফেললে, অর্থাৎ এই সব আবর্জনা পিন্ড কিংবা পারপল রংয়ের ব্যাগে না ফেললে এই খাতে কাউন্সিলের বিপুল পরিমাণ অর্থ সাশ্রয় হবে। রিসাইকল বিন থেকে এইসব ময়লা আবর্জনা পৃথক করতে বহুরে অর্থ

মিলিয়ন পাউন্ড ব্যয় হয়।

এ ব্যাপারে বাসিন্দাদের সচেতন করার পাশাপাশি তাদেরকে অধিক পরিমাণে রিসাইকল করার ব্যাপারে প্রশিক্ষিত করে তুলতে কাউন্সিলের আবর্জনা অপসারণ ঠিকাদারী প্রতিষ্ঠান ভেওলিয়া কাউন্সিলের ক্রিন এন্ড গ্রীণ এবং হাইওয়েজ টিমের সহযোগিতা শুরু করেছে বিশেষ প্রচারাভিযান।

বারার সকল বাসিন্দা একটি লিফলেট পাবেন, যেখানে কোন্টা রিসাইকল করা যাবে, কোন্টা করা যাবে না, তার বিশদ বর্ণনা থাকবে। রিসাইকল করা যায়, এমন আইটেমের মধ্যে রয়েছে, প্লাস্টিক বেতাল, খাবার ও পানীয়ের কার্টুন, গ্লাসের বোতল অথবা জার, মূল লক্ষ্য।

পানীয়ের ক্যান, পেপার, প্লাস্টিক পট, টাব, ট্রে, মিক্সড কার্ড, এ্যারোসল ক্যান ইত্যাদি।

ব্ল্যাক বা কালো বিন ব্যাগ কিংবা বিনে ফেলতে হবে খাবারের উচ্ছিন্ন, ন্যাপি, ভিজা পেপার ও টিস্যু, স্লিং ফিল্ম, প্লাস্টিক রোপিং, ক্রিসপের প্যাকেট, পলিস্টারিন প্যাকেজিং, বাবল রোপ, ভাঙ্গা গ্লাস অথবা খাবার ভর্তি কার্ডবোর্ড বক্স ইত্যাদি।

মেয়র, জন বিগস বলেন, বারার রিসাইক্লিং এর হার লন্ডনের অন্যান্য বারার তুলনায় সত্যিই উৎসাহব্যাঞ্জক। তবে আমরা এক্ষেত্রে আরো বেশি কিছু করতে চাই। কাউন্সিল যাতে অর্থ সাশ্রয় করতে সক্ষম হয়, সেজন্য বাসিন্দাদের আরো বেশি করে রিসাইকলে উদ্বুদ্ধ করাই এই প্রচারাভিযানের মূল লক্ষ্য।

কেবিনেট মেম্বার ফর এনভায়রনমেন্ট, কাউন্সিলর আয়াজ মিয়া বলেন, যে পরিমাণ রিসাইকল আইটেম আমরা সংগ্রহ করি, যাতে আবর্জনার পরিমাণ খুবই বেশি এবং এটা পৃথক করতে অনেক অর্থ ব্যয় করতে হয়।

তিনি বলেন, আমাদের পর্যবেক্ষণ কাজের মাধ্যমে আমরা এটা বুঝতে পারছি যে কোন কোন আইটেম রিসাইকল করা যায়, সেসম্পর্কে অনেক বাসিন্দারই সুস্পষ্ট ধারণা নেই। তাঁরা বুঝতে পারেন না, রিসাইকলের জন্য কোন্টা পারপল বিন এ রাখবেন। আলাদা আলাদা বিন ব্যাগে সঠিক আবর্জনা, পরিত্যক্ত সামগ্রী ফেলতে বাসিন্দাদের উদ্বুদ্ধ করতে এই প্রচারাভিযান চালানোর উদ্যোগ নেয়া হয়েছে।

ঐকতান

Send your Bengali and Somali news to Harmony, East End Life, Town Hall, 5 Clove Crescent, Poplar E14 2BG.

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বৃটিশ বাঙালিদের গর্ব করার মতো রাজনৈতিক ঐতিহ্য রয়েছেঃ সারা গ্লীণ

British Bengalis have a proud history of political action: Sarah Glynn

রাইটআইডিয়া ফেস্টিভ্যাল উপলক্ষ্যে গত সপ্তাহে হোয়াইটচ্যাপল আইডিয়া স্টোরে অনুষ্ঠিত এক সেমিনারে বক্তৃতাকালে বিশিষ্ট লেখক, গবেষক ও স্থাপতি সারা গ্লীণ বলেছেন, বৃটিশ বাঙালিদের গর্ব করার মতো রাজনৈতিক ইতিহাস ও ঐতিহ্য রয়েছে।

তিনি বলেন, এক সময় পূর্ব লন্ডনে অভি-বাসী হয়ে এসেছিলেন ইহুদি সম্প্রদায়, যারা সকল বাধা বিপত্তি অতিক্রম করে বৃটেনের মূলধারায় নিজেদের স্থান করে নেন। পরবর্তীতে এই জনপদে আগমন ঘটে বাঙালি কমিউনিটির। তারাও এখন রাজনীতি, ব্যবসা বাণিজ্য সহ নানা ক্ষেত্রে নিজেদের অবস্থানকে সুদৃঢ় করছে।

আলোচনা অনুষ্ঠানে লেখক গবেষক সারা গ্লীণকে পরিচয় করিয়ে দেন এই সেশনের সভাপতি, ‘বেঙ্গলিজ ইন্ লন্ডন ইস্ট এন্ড’ গ্রন্থের সহলেখক আনসার আহমদ উল্লাহ।

সভায় সারা তাঁর সাপ্তাহিক গবেষণা গ্রন্থ ‘ক্লাস, এথনিসিটি এন্ড রিলিজন ইন্ দ্যা বেঙ্গলী ইস্ট এন্ড: এ পলিটিক্যাল হিস্ট্রি’ নিয়ে আলোচনা করেন। এই গ্রন্থে বাংলাদেশের স্বাধীনতা সংগ্রাম, ১৯৭০ এর দশকে খালি বাড়ি ঘরে ঢুকে পড়ার প্রবণতা, ইসলামিজম এর উত্থান ইত্যাদি ভুলে ধরেছেন।

আলোচনা শেষে সারা গ্লীন দর্শক শ্রোতাদের বিভিন্ন প্রশ্নের উত্তর দেন।



Academic Sarah Glynn was introduced by Ansar Ahmed Ullah at the Writeidea Festival

সত্তর দশকের আলোচিত শিক্ষক আবার এলেন স্টেপনীতে

Seventies striking schoolteacher returns to Stepney

ক্রিস সার্লে নামের এক শিক্ষক যিনি তার শিক্ষার্থীদের কবিতার সংকলন প্রকাশের দায়ে চাকুরিচ্যুত হয়েছিলেন, তিনি আবার ফিরে আসেন স্টেপনীতে।

গ্লোভ রোড পোয়েট্রি ফেস্টিভ্যালের অংশ হিসেবে ক্রিস সার্লে গত ১২ নভেম্বর বিবিসি রেডিও ফোর এর ব্রডকাস্টার এ্যালান ডিন এর সাথে লকাল হিস্ট্রি লাইব্রেরীতে যোগ দেন।

উল্লেখ্য, ১৯৭৩ সালে ক্রিস শিক্ষক হিসেবে স্যার জন কাস স্কুলে কর্মরত ছিলেন এবং শিক্ষার্থীদের কবিতার একটি বই প্রকাশের উদ্যোগ নেন। হেডটিচার প্রাথমিকভাবে রাজী হলেও পরে তিনি মত পাটান। কিন্তু ক্রিস হার মানতে রাজী নন। তিনি বিশপ অব স্টেপনী এবং

স্থানীয়ভাবে খুবই জনপ্রিয় ইউনিয়ন লিডার জ্যাক ডাশ এর সহযোগিতায় ছাত্রছাত্রীদের কবিতার সংকলন ‘স্টেপনী ওয়ার্ডস্’ প্রকাশের জন্য ২০০ পাউন্ড সংগ্রহ করেন। এই কারণে স্কুলের গভর্নরা তাঁকে চাকুরিচ্যুত করেন এবং ইস্ট লন্ডনের ১০০ হেডটিচার একযোগে ঘোষণা করেন যে, ক্রিস যেন কোথাও চাকুরি না পান।

এই ঘটনায় ক্ষিপ্ত হয়ে ওঠে স্যার জন কাস স্কুলের শিক্ষার্থীরা। ৫ শতাধিক শিক্ষার্থী ধর্মঘট শুরু করে, ক্লাসে যোগ দেয়া থেকে বিরত থাকে এবং শিক্ষক ক্রিসকে পূর্ণবহালের দাবিতে লেখা ব্যানার নিয়ে ট্রাফালগার স্কোরে দিকে মিছিল করে যায়। শিক্ষার্থীরা তাদের প্রিয় শিক্ষক ক্রিসের সমর্থনে কবিতা লেখে এবং স্কুলের দেয়ালে লিখে

রাখে ‘যদি সে যায়, তা হলে আমরাও চলে যাবো’। লাগাতার আন্দোলন এবং আদালতে একটি মামলার ফলে দুই বছর পর ক্রিস আবার স্বপদে পূর্ণবহাল হন। পরবর্তীতে তিনি শিক্ষকতার ওপর আরো প্রশিক্ষণ নেন এবং বহু সাংস্কৃতিক শিক্ষা বিষয়ক উপদেষ্টা হিসেবে কাজ করেন।

তাঁর অনুপ্রেরণায় যে স্কুল শিক্ষার্থীরা এক সময় কবিতা লেখা শুরু করেছিলো, তাদের অনেকেই এখন নিয়মিত কবিতা লিখছেন। তাঁর কয়েকজন শিক্ষার্থী ক্যাবল স্ট্রিটের সেন্ট জর্জস্ টাউন হলের বেইজমেন্টে মিলিত হয়ে প্রতিষ্ঠা করে কমিউনিটি আর্টস গ্রুপ স্টেপনী ওয়ার্ডস্, যেখানে যোগ দিয়েছেন বিভিন্ন বয়সের কবি, লেখক, সাহিত্যিক।

হাউজ অব পার্লামেন্টে

বিতর্কে অংশ নিলেন

ইয়াং মেয়র

Young mayor becomes MP for a day – see page 13

টাওয়ার হ্যামলেটসের ইয়াং মেয়র ডেং ইয়ান একদিনের জন্য এমপি হিসেবে দায়িত্ব পালনের সুযোগ পেয়েছেন।

১৩ নভেম্বর হাউজ অব কমন্সে অনুষ্ঠিত ইউকে ইয়ুথ পার্লামেন্টের বার্ষিক বিতর্কে দেশের অন্যান্য তরুণদের সাথে টাওয়ার হ্যামলেটসের ইয়াং মেয়রও যোগ দেন।

২০০৯ সাল থেকে একমাত্র ইয়ুথ পার্লামেন্টের সদস্যরাই হাউজ অব কমন্সে এমপিদের আসনে বছরে একদিন বসার অনুমতি পান।

ইয়ুথ পার্লামেন্টের এই বার্ষিক ডিবেটে আলোচনার জন্য অনলাইনে সারা দেশের তরুণদের সাথে কনসালটেশনের মাধ্যমে আলোচা বিষয়গুলো নির্ধারণ করা। প্রায় ১০ লাখ তরুণ বিভিন্ন ইস্যুতে ভোট দেন। বিষয়গুলোর মধ্যে রয়েছে বর্ণবাদ, ধর্মীয় বৈষম্য, জীবধার-পের পক্ষে ন্যূনতম মজুরি, মানসিক স্বাস্থ্য বিষয়ক সার্ভিসের মান আরো বাড়ানো, গণপরিবহণের ভাড়া আরো সস্তা করা ইত্যাদি।

টাওয়ার হ্যামলেটসের ইয়াং মেয়র, ডেং ইয়ান বলেন, হাউজ অব কমন্সে বারার তরুণ সম্প্রদায়ের প্রতিনিধিত্ব করতে পারাটা আমার জন্য বিশেষ সুযোগ। দেশের তরুণ জনগোষ্ঠি মনে করে যে, রাজনীতি তাদের প্রতিনিধিত্ব করে না এবং নীতিনির্ধারণকারীরা সব সময়ই আমাদের মতামতকে উপেক্ষা করে থাকেন।

ইয়াং মেয়র আরো বলেন, বৈষম্য থেকে শুরু করে জাতীয় পাঠ্যক্রম বিভিন্ন বিষয়টি নিয়ে আমরা বিতর্ক করেছি, যা আমার টার্মের বাকী সময়ের কার্যক্রমে প্রতিফলিত হবে। মাত্র হাতে পোনা কয়েকজন হাউজ অব কমন্সে এ ধরনের বিতর্কে অংশ নেয়ার সুযোগ পাওয়াটা লজ্জাজনক।

ডেপুটি মেয়র এবং কেবিনেট মেম্বার ফর এডুকেশন এন্ড চিলড্রেন্স সার্ভিসেস্, কাউন্সিলর র্যাচেল স্যাভার্স বলেন, বারার তরুণদের হাউজ অব পার্লামেন্টে যেতে দেখে এবং টাওয়ার হ্যামলেটসের তরুণ জনগোষ্ঠির অভিমত তুলে ধরতে দেখে আমি গর্বিত।



Designers made two 19th century style gowns

তরুণ ফ্যাশন ডিজাইনরা তৈরী করলেন ঐতিহাসিক গাউন

New project from Bengali East End Heritage Society

লন্ডন কলেজ অব ফ্যাশন এক দল প্রতিভাবান তরুণ ডিজাইনার অষ্টাদশ শতাব্দীর দু’টি ঐতিহাসিক গাউন তৈরী করেছেন।

১২ জন তরুণ ডিজাইনার, যাদের মধ্যে কয়েকজন হচ্ছেন টাওয়ার হ্যামলেটস্ বারার বাসিন্দা, ১০ সপ্তাহের একটি কর্মশালায় অংশ নেন এবং ২০০ বছর আগের দু’টি ঐতিহাসিক গাউন বা ড্রেস তৈরী করেন। এই কর্মশালার মধ্যে ছিলো পোষাকটি সেলাই করা পাশাপাশি বাংলার ঐতিহ্যবাহী মসলিন ও জামদানীর নিয়ে আলোচনা।

বাংলাদেশের ঐতিহ্যবাহি মসলিন ও জামদানিকে রক্ষা ও বিকাশ ঘটানোর লক্ষ্যে লন্ডন কলেজ অব ফ্যাশন এবং মসলিন ট্রাস্টের যৌথ সহযোগিতায় ২০১৩ সালে দ্যা জামদানি

প্রজেক্ট গ্রহণ করা হয়।

মুসলিন ট্রাস্টের ক্রিয়েটিভ ডিরেক্টর, সায়িফ ওসমানি বলেন, তরুণ শিক্ষার্থীদের সম্মিলিত প্রচেষ্টায় প্রতিভার এই বিচ্ছুরন দেখে আমি অভিভূত। পোষাকটি দেখতে চমৎকার হয়েছে। লন্ডন এবং এশিয়া এটি প্রদর্শনের ব্যাপারে ইতিমধ্যে অনেকে আগ্রহ দেখিয়েছেন।

এই প্রজেক্টে অংশ গ্রহণকারীদের একজন তায়েব প্রেস বলেন, কর্মশালায় অংশ নিয়ে আমি সত্যিই খুবই আনন্দিত। অনেকের সাথে মেলা-মেশার সুযোগ পেয়েছি এবং সবচেয়ে টেকসই সেলাই হিসেবে পরিচিত ‘ব্যাক স্টিচ’ কিভাবে করতে হয় তা শিখেছি।

সপ্তদশ শতক থেকে বিংশ শতাব্দী পর্যন্ত বাংলার কটন বা কার্পাস বিশ্ব বিখ্যাত ছিলো। বিশেষ ধরনের একটা তুলো (যেটি এখন হারিয়ে গেছে বলে ধারণা করা হয়) সবচেয়ে উত্তম মুসলিন সূতো পাওয়া যেতো এবং এটি দিয়ে পোষাক তৈরী হতো বাংলাদেশের রাজধানী ঢাকার অদূরে।

স্কুলে ভর্তির ব্যাপারে আপনার অভিমত জানান

School admissions – see page 5

বারার স্কুলগুলোতে ভর্তি পদ্ধতি সম্পর্কে বাসিন্দাদের অভিমত জানতে চায় কাউন্সিল। পরিবারগুলো যাতে করে সহজেই শিক্ষা সুবিধা লাভ করতে সক্ষম হয়, তা নিশ্চিত করতে অভিভাবক ও কমিউনিটি সংগঠনগুলোর মতামত জানতে কনসালটেশনের উদ্যোগ নেয়া হয়েছে।

এই উদ্যোগের মূল লক্ষ্য হচ্ছে, স্কুল এডমিশনের ক্ষেত্রে সর্বোচ্চ স্বচ্ছতা ও ন্যায্যতা নিশ্চিত করা এবং যত বেশি সংখ্যক অভিভাবক যেন পারে তাদের পছন্দের একটি স্কুলে তাদের বাচ্চাদের ভর্তি করাতে সক্ষম হন, তা নিশ্চিত করা।

২০১৭/১৮ শিক্ষা বর্ষের স্কুল এডমিশন

এ্যারেঞ্জমেন্ট বা ভর্তি সংক্রান্ত ব্যবস্থাদির খসড়া প্রস্তাবণা www.towerhamlets.gov.uk/lgnl/council_and_democracy/consultations/school_admissions_consultation.aspx – এই ওয়েবসাইটে পাওয়া যাবে। এখানে গিয়ে অনলাইনে প্রশ্নপত্র পূরণ করে অভিমত জানানোর জন্য বাসিন্দাদের প্রতি আহ্বান জানানো হয়েছে। যদি কেউ এই প্রশ্নপত্রের মূদ্রিত কপি পেতে চান, তাহলে ০২০ ৭৩৬৪ ২০৭০ নাম্বারে ফোন করে অথবা Jebin.syeda@towerhamlets.gov.uk – এই ইমেইলে যোগাযোগ করতে অনুরোধ করা হয়েছে।

A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at...

WWW.TOWERHAMLETS.GOV.UK

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of

the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.towerhamlets.gov.uk/data/your-council/data/forward-plan/forward-plan.cfm

Meetings

Tuesday, November 24

6.30pm: Licensing sub-committee

Business includes application for a new premises licence for The Birdcage, 80 Columbia Road, Bethnal Green, E2 and an application to review the premises licence for Kivre Food Centre, 497 Cambridge Heath Road, Bethnal Green, E2. For details call Simmi Yesmin on 7364 4120 or email simmi.yesmin@towerhamlets.gov.uk

7.30pm: Standards (advisory) committee

Includes reports on complaints and information, code of conduct for members, complaints and investigation monitoring, transparency protocol and recruitment of reserve independent person. For details call Elizabeth Dowuona on 7364 4207 or email elizabeth.dowuona@towerhamlets.gov.uk

Wednesday, November 25

7pm: Development committee

Planning applications for decision include Vic Johnson House Centre, 74 Armagh Road, Bow, E3; site south west of the junction of Glenworth Avenue and Saunders Ness Road, Isle of Dogs, E14; Wickham House, 69-89 Mile End Road and 10 Cleveland Way; Balfron Tower, 7 St Leonards Road, Poplar, E14; and Attlee House, Sunley House, Profumo House and College East, 10 Gunthorpe Street, Spitalfields. For details call Zoe Folley on 7364 4877 or email zoe.folley@towerhamlets.gov.uk

Details are accurate at time of going to press. Agendas are available online a week before meetings, which are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG, except cabinet.

Tower Hamlets online

www.towerhamlets.gov.uk

For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling request
- report an abandoned vehicle
- bulk rubbish collections



Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM

Planning

E1

16-17 Mile End Place – re-division of single dwelling into two along line of original party wall to create 2 x 2-bed houses. Reinstatement of front door access to number 17. Demolition of existing rear extensions and construction of new rear extensions to both properties.

42-46 Princelet Street – roof level addition to provide office floorspace.

14 Flamborough Street – renewal and replacement of front double sash windows and box frame.

Railway Arches, 203 Barnardo Street – unit for preparation and cooking of food. Extraction fan to project on front of building.

118a and 118b Cannon Street Road – listed building consent for repair and replacement of window and doors.

116a and 116b Cannon Street Road – listed building consent for repair and replacement of window and doors.

122a, b, c & d Cannon Street Road – listed building consent for repair and replacement of window and doors.

E2

Unit 1, 239-253 Cambridge Heath Road – new shopfront.

373 Cambridge Heath Road – details of samples of planning permission, ref: PA/15/02114.

2a Turville Street – additional storey to provide

residential accommodation.

32-40 Hackney Road – details of samples of planning permission, ref: PA/15/01682.

1 Copperfield Mews – extension to create additional third floor accommodation with terrace. Reconfiguration of second-floor bathroom layout and addition of staircase.

E3

44a Campbell Road – reduce height of large evergreen shrub by 1-2m, fell sycamore and holly as low as possible.

3 Driffield Road – rear extension at ground and first floor.

E14

Ground Floor, Balmoral House, 12 Lanark Square – car-free details of planning permission, ref: PA/15/01343.

Leamouth Peninsula North, Orchard Place – details of carbon dioxide emissions, ecological mitigation, compensation and enhancement scheme, car parking, landscaping and site foundations of planning permission, ref: PA/14/01655.

Stebon Primary School, Wallwood Street – details of passivhaus certification, ref: PA/13/02134.

This is not a definitive list of planning applications – go to www.towerhamlets.gov.uk and click on Planning & Building.

Drug treatment providers

Community Drug Team

Substitute prescribing, key working, health screening & referral to residential treatment. 71 Johnson Street, E1. 7790 1344 www.lifeline.org.uk

Nafas

Support with a focus on Bangladeshi community. The Davenant Centre, 179-181 Whitechapel Road, E1 7377 0676.

Harbour Recovery Centre

In-patient detox for 18+ males. Riverside House, 4th Floor, 20 Garford Street, E14. 7538 9421

Young People's Service

Treatment for under-19s Unit 26, Skyline Village, Limeharbour, E14. 3069 7878 www.lifeline.org.uk

Isis

For women aged over 18 c/o Hopetown Hostel, 60 Old Montague Street, E1. 7426 0399 www.compass-uk.org

Community Alcohol Team

Unit 22, Skylines Village Limeharbour, E14. 0800 008 7200 www.rapt.org.uk

Somali Substance Misuse

Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi. Mind in Tower Hamlets & Newham, Open House 13 Whitethorn Street, E3. 7510 1081

Help cut wasted money

RESIDENTS are being asked to help save half a million pounds by ensuring that recyclable waste and household rubbish are not mixed together.

It is estimated that contaminating recycling bins with household waste is costing the council £500,000 every year.

Black sacks should not be placed in purple wheelie bins and food waste or nappies should not be put in pink bags or purple bins.

Following these simple rules will help save money by reducing the amount spent removing waste items from recycling bins.

The council is supporting a recycling campaign, launched by waste contractor Veolia.

Residents will receive a leaflet detailing exactly what can and can't be recycled.

Items that can be recycled include plastic bottles, food and drink cartons, glass bottles or jars, food and drink cans, paper,

plastic pots, tubs and trays, mixed card and aerosol cans.

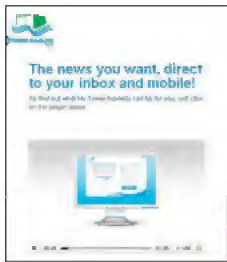
Items that should be placed in black sacks include food waste, nappies, wet paper and tissues, cling film, plastic wrapping and crisp packets, polystyrene packaging, broken glass or cardboard with food in it.

Residents are reminded to rinse all food containers to remove any residue and that recyclable items can be placed in purple bins without being put in pink plastic sacks.

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Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...

MY.TOWERHAMLETS.GOV.UK



Did you get it?

Last week's picture was of the Congregation of Jacob Synagogue in E1.

Council information

Town Hall

Town Hall, Mulberry Place,
5 Clove Crescent, E14 2BG.
7364 5000

Hotline numbers

Housing benefits – 7364 5001
Council tax – 7364 5002
Parking services – 7364 5003
Streetline – 7364 5004
Adult social care – 7364 5005
Children's services – 7364 5006
Pest and noise nuisance –
7364 5007
Employment & skills service
(Skillsmatch) – 7364 3727
Environmental health,
trading standards & licensing
– 7364 5008
Planning & development
– 7364 5009
Business rates – 7364 5010
Recruitment line – 7364 5011
Electoral services – 7364 0872
Tower Hamlets Homes
– 7364 5015
Healthline – 7364 5016
Anti-Fraud – 0800 528 0294

General enquiries

Council enquiries – 7364 5020.

Useful housing numbers

Housing repairs – 0800 376 1637
Tenancy support – 7364 5544
Housing advice – 7364 3558
Homeless service – 7364 7474
Choice-based lettings
– 7364 0244
Homeseekers – 0845 270 2400

Switchboard

If you know the name of the person or department you wish to speak to, call the switchboard on 7364 5000.



Do you know where to find this unusual feature of the borough? Our popular oddities picture poser gives readers the chance to keep their eyes peeled to see if they can spot where our photographers took the pictures. If you have photos of your own you would like to see published in East End Life, email them to eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be high resolution, at least 1MB and 300 dpi.

Report it!

To report an incident, use these 24-hour freephone numbers:

Non-emergency crimes – 101
Textphone – 18001 101

If a crime is in progress, there is an emergency or if anyone is in immediate danger dial 999.

The council's domestic violence team can provide information, signposting and referrals to local services. Bengali speakers available

0800 279 5434 (office hours)
24-hour domestic violence national helpline

0808 2000 247
Haven Whitechapel (sexual assault referral centre)

7247 4787

Karma Nirvana (Honour Network Helpline)

0800 5999 247

Broken Rainbow (LGBT domestic violence)

0845 260 4460

Black Women's Health & Family Support

8980 3503

Rights of Women

(legal advice)
7251 6577

Victim Support Line

0845 30 30 900

Victim Support Tower Hamlets

8555 8254

NSPCC Child Protection Helpline

0800 800 5000

Childline

0800 1111

Shelterline

0808 800 4444

Respect (for perpetrators)

0845 122 8609

Reunite (advice about child abduction)

0116 2556 234

Men's Advice Helpline

0808 8010 327

Samaritans

08457 909090

Tower Hamlets Mediation Service offers confidential and impartial advice with neighbour conflict

Free service for council tenants and leaseholders. 7702 8305

Trading standards

Consumer Direct: 08454 040506

Walk-in services

One Stop Shops

Bethnal Green – 1 Rushmead, off Bethnal Green Road, E2
Bow & North Poplar – John Onslow House, 1 Ewart Place, E3
South Poplar – 15 Market Square, Chrisp Street, E14
Stepney & Wapping – Idea Store Watney Market, 260 Commercial Road, E1.
Open Mon-Fri, 9am, doors close at 4.30pm. Sat, 9am, doors close 12.30pm at Rushmead and Idea Store Watney Market only.

Idea Stores

Bow – Gladstone Place, E3.
Canary Wharf – Churchill Place, Canary Wharf, E14.
Chrisp Street – Vesey Path, E14.
Whitechapel – 321 Whitechapel Road, E1. 7364 4332
Watney Market – Commercial E1. 7364 4332
All open: Mon to Thurs, 9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm. Sundays – Bow and Chrisp Street open, 10am-4pm; Whitechapel, 11am-5pm; and Canary Wharf, 12-6pm.

Libraries

Bethnal Green – Cambridge Heath Road, E2. 8980 3902
Cubitt Town – Strattondale Street, E14. 7987 3152
All open: Mon, Tues, Weds & Fri, 10am-6pm; Thurs, 10am-8pm; Sat, 9am-5pm.
Local History Library and Archives – 277 Bancroft Road, E1. Open Tues, 10am-5pm; Weds, 9am-5pm; Thurs, 9am-8pm; Sat (1st & 3rd of the month), 9am-5pm.
7364 1290; email localhistory@towerhamlets.gov.uk

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Triple bill
Enjoy three dance performances for just £5 on Fiver Fridays.

SEE BELOW



Foodies Festival Christmas

Meet this year's Great British Bake Off winner, Nadiya Jamir Hussain, left, and pick up some fabulous baking tips as you go shopping for artisanal foods.

WWW.FOODIESFESTIVAL.COM

Out & about guide

What's on where this week

Dance

Argentinian tango E14

Class. Sat 1-5pm. £5. St John's Community Hall, 37 Glengall Grove, E14. 7538 3852

Salsa

For dancers of all experience, beginners welcome, followed by dancing until midnight. Prices vary. Free first class for ladies. Every Weds, 7.30-9.30pm. The Urban Bar, 176 Whitechapel Road, E1. 07932 658861

Swing Dance

All ability levels welcome. Every Fri, 7-9pm. £7 per person or £10 for a lead/follow couple. The Hall, St Margaret's House, 21 Old Ford Road, E2. 8980 2092

Zumba classes

Every Tues 11.15am-12.15pm. Healthy living sessions every Fri, 11am-3pm. St Matthias Community Centre, 113 Poplar High St, E14. 7515 8362

Fiver Fridays

Triple bill of dance performances featuring Konstantina Skaliointa, Sarah Louise Kristiansen and Lucia Schweigert. Fiver Fridays offer unique performance packages in November, February and May. The programmes run for 60 minutes. Fri, Nov 27. 7pm. £5. Chisenhale Dance Space, 68-84 Chisenhale Road, E3. <http://bit.ly/1MHG2DE>



I, Amir

Poet and artist Nisha Bhakoo's short film explores the Freudian concept of the uncanny. She experiments with rhythm and language in her poetry to create moods and atmospheres that are often difficult to articulate. Her poem, *Feathers*, plays a central role in creating an uncanny atmosphere. It estranges every day objects and

routines from their usual contexts to make them strangely unfamiliar.

Tues, Nov 24-Sat, Dec 5. Free. Lower Café Gallery, Rich Mix, 35-47 Bethnal Green Road, E1. 7613 7498 www.richmix.org.uk

Events

Foodies Festival Christmas

Acclaimed chefs and celebrity cooks return to the Truman Brewery to share their favourite recipes and top tips to help visitors create the perfect Christmas banquet. Among confirmed guests are Great British Bake Off winner Nadiya Jamir Hussain, Kim Woodward and Adam Simmonds. A Christmas market features 150 producers selling cheeses, chutneys and little extras. Sun, Nov 27-Tues, Nov 29. Times vary. Truman Brewery, 91 Brick Lane, E1. www.trumanbrewery.com

Canary Wharf winter fashion event

A two-day extravaganza featuring fashion shows in Canada Place and

Jubilee Place, exclusive store discounts, in-mall entertainment, pop-up boutiques, prize draws and giveaways. Thurs, Nov 26-Fri, Nov 27. 9am-8pm. Canary Wharf, Canada Square, E14. www.canarywharf.com/arts-events/events/winter-fashion-event-2015

The Four Dignities: Butoh workshop

Butoh emerged as a physical language of actions, happenings and revolt in 1960s Tokyo and, today, has gained popularity as a dance or theatre form in many countries. This workshop will explore the material quality of the body through the concept of the Four Dignities of Zen: walking, standing, sitting and lying down. An open-level workshop

for artists, performers, dancers and people with an interest in movement. Sat, Nov 28-Sun, Nov 29. 10.30am-5.30pm. Advance booking £100/£85 concessions (two days)/£60 one day. London Buddhist Arts Centre, Bullards Place, E2. dominique.bonarjee@gmail.com <https://dominiquebaronb.wordpress.com>

Winterville 2015

Free Christmas festival with attractions for all the family. Includes ice skating, a circus, rides, food stalls and an indoor cinema. Tower Hamlets and E9 residents are eligible for discounts on some ticketed attractions. Thurs, Nov 26-Weds, Dec 23. Times vary, check the website for details.

£8.50 peak times, £5.50 off-peak. Victoria Park east, Grove Road, E3. www.winterville.co.uk

Christmas Gifts

A night of mulled wine and Christmas gift stalls selling a range of gifts from diamonds to health and beauty items, fashion and art. Thurs, Nov 26. 5.30-9pm. Property Liaisons, 1 Wapping Wall, E1W. 768 0222

Exhibitions

Two hearts, one path

Featuring paintings from Asian women workers demanding justice in Birmingham to protest against rape in Delhi. The paintings depict vibrant and expressive works that protest against Britain's immigration policies, repression in Yarwood and state racism. Until Mon, Nov 30. Mon-Fri, 8am-9pm; Sat-Sun, 9am-9pm. The Gallery Café, St Margaret's House, 21 Old Ford Road, E2.

Trinity Art Studios tenth anniversary

An exhibition of transformational art from four of the studio's core artists: Ian Robert Felton (founder), Sequin Kay, Danni Evans and Fluff Thorne. Weds, Nov 25-Sun, Nov 29. Free, times vary, check the website for details. Trinity Art Studios, Trinity Buoy Wharf, 64 Orchard Place, E14. 7515 9786 www.trinitybuoywharf.com/whats-on/event/trinity-art-studios-10th-anniversary

IT'S CHRISPMA!

FRIDAY 27TH NOVEMBER
CHRISTMAS LIGHTS SWITCH ON
3.30PM - 6.30PM

SATURDAY 5TH DECEMBER
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WWW.FERNSTREET.ORG.UK



Joyful sound

Hear a new musical piece inspired by war poet Isaac Rosenberg.

SEE BELOW

Out & About

IF you would like to learn how to make lanterns and take part in an evening light parade, go along to a free workshop on Saturday, November 21.

All are welcome to make lanterns out of willow and tissue paper, which they can carry in the parade the following Saturday. The parade will feature lanterns created by residents in workshops held with schools and community groups on or around the Lincoln Estate. Last year, more than 100 people took part, led by a drumming group and stewarded by police cadets.

The event is organised by the Fern Street Settlement in partnership with Eden Bow Youth Project and All Hallows Bow Church.

The workshop is on Saturday, November 21 from 10am-4pm.

The settlement is in Fern Street, Bow. The light parade sets off at 5pm on Saturday, November 28.

For more details, call 7987 1949 or visit www.fernstreet.org.uk



News in brief

Fabric showcase

A SHOWCASE featuring artists and designers from Fabric Works takes place from November 27-29.

The Winter Makers' Market and exhibition trail links Stepney City Farm and Husk exhibition space with workshops, performances and choirs.

An anonymous art sale will be held where postcards decorated by famous people, local residents and school children will be sold for £20 each. Entries so far include conceptual artist Jeremy Deller and novelist Monica Ali.

The event is hosted by Stitches in Time, a visual arts and textile organisation that works with children, elders, women's groups across faiths and ages.

Proceeds will be used to continue funding of their range of classes.

The events take place at Limehouse Town Hall, 646 Commercial Road, E14; Husk, 649-651 Commercial Road, E14 and Stepney City Farm in Stepney Way, E1. Visit www.stitchesintime.org.uk

Christmas past

THE Geffrye Museum will transform its period living rooms with authentic festive decorations, lights, music and greenery to illustrate how Christmas has been celebrated over the past 400 years.

The exhibition highlights the traditions of Christmas past, from feasting, dancing and kissing under the mistletoe to playing parlour games and throwing cocktail parties.

It also reveals that celebrating Christmas hasn't always been in fashion. In fact, it was banned in the mid-17th century by Parliament, then dominated by the Puritans, who disapproved of its excesses.

Various workshops and events run alongside the exhibition, Christmas Past: 400 Years of Seasonal Traditions in English Homes. Details at www.geffrye-museum.org.uk

The exhibition runs from November 24 to January 3, 2016 at the museum at 136 Kingsland Road, E2. Entry is free.



Take a trip to Neverland with The Boy Who Never Grew Up

A flying visit to a magical land

BY JACQUELINE HARTHILL

A SHOW of imagination and magic comes to the Half Moon Theatre this Saturday.

The Boy Who Never Grew Up is inspired by J.M. Barrie's Peter Pan, where happy thoughts take you flying high, pirates roam the seas and magic and adventure is impossible to hide from

Two expert make-believers, Amelia Bird and Phillipa Herrick,

use music, puppetry and fun to take you to Neverland.

You can visit Peter Pan's underground home, see how he befriended the Indians, escaped drowning in a lagoon, scaled a mount and outwitted Captain Hook, his nemesis. This isn't just the story you've seen on screen or read in the book, you can have adventures of your own.

Chris Elwell, director of Half Moon, said: "Peter Pan has always been one of my favourite

stories. We're proud to say that we never ever want to grow up and look forward to being taken on a magical adventure to Neverland."

The Boy Who Never Grew Up runs for two performances on Saturday, November 28 at 11am and 2pm. Suitable for family audiences, aged 4+. Tickets are £6.

The theatre is at 43 White Horse Road, E1. For details call 7709 8900 or visit www.halfmoon.org.uk

Poet inspires a Strange Joy

STRANGE Joy – a new piece of music by Edward Nesbit – will premiere at Queen Mary University of London (QMUL) on Tuesday, November 24.

Nesbit is QMUL's composer in residence. Based on three Isaac Rosenberg poems, his work will be performed by the East London Music Group.

Rosenberg was a celebrated war poet who grew up in east London. He fought in the First World War and died in the battle of Arras on April 1, 1918, aged 27.

The performance starts at 7.30pm, tickets cost £5/£2 concessions. It takes place at The Octagon, Mile End campus, QMUL, Mile End Road, E1. For details and tickets, visit www.eastlondonmusicgroup.co.uk/events/facades

Chrisp Street ready for seasonal style

CHRISP Street Market is getting ready to celebrate the festive season in style with three family events.

On Friday, November 27 from 3.30-6.30pm, the Christmas lights will be switched on in Market Square. Five local choirs from Lansbury Lawrence, Manorfield, St Saviours C of E, Bygrove and Mayflower primary schools will provide the soundtrack for the afternoon. Hungry visitors can take part in the mince pie eating competition.

Hot-dogs, mulled wine and hot chocolate will be served throughout the afternoon, with a Snow Globe selfie station available for festive photos.

The lights will be switched on at 5.15pm by Jim Fitzpatrick MP.

On Saturday, December 5 from 11am-5pm, Makers' Exchange will see a pop-up market opposite the Post Office selling local crafts.

Spitalfields City Farm will bring its festive urban petting zoo to the market on Saturday, December 12 from 11am-5pm. In the Chrispmas forest grotto, children can meet Santa and receive a gift.

Activity stalls, a face painter and the Idea Store storytelling area will keep children entertained throughout the day.

The Makers Exchange will provide



It's beginning to look a lot like Christmas at Chrisp Street Market

unique gifts, handmade by local small businesses.

Chrisp Street Market is in Poplar. Visit www.chrispstreet.org.uk for more details.

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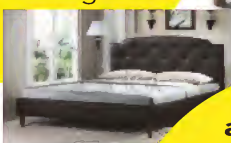
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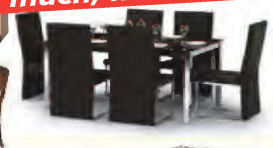


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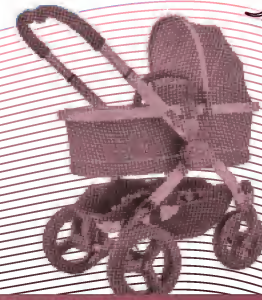
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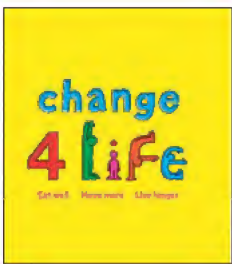


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Eating out, eating in

Boundary Street's taste of downtown Bombay

BY SAUCY SAM

ON Monday evening, I got on my Bombay bicycle and headed to Dishoom, a hip Indian restaurant on Boundary Street.

Dishoom styles itself on the old Irani cafes of Bombay that have now almost disappeared. Opened by Zoroastrian immigrants from Iran, there were almost 400 such cafés in the Indian city during the 1960s. Now, fewer than 30 remain.

Dishoom was created as an homage to the faded elegance of those hazy days.

The interior is more chic than shabby, but as you enter the restaurant you are transported to the hectic streets of Bombay as the smell of spice assaults your senses.

Now, let's discuss the food. My friend and I were feeling hungry after busy days at work, so we decided money wouldn't be an issue, and went for as many dishes as we could handle.

For starters, we went for far far, a sort of crisp and chutney combination, lamb samosas,



Let Dishoom transport you back to a bygone age

and some deliciously salty okra fries. The chutneys that came were incredible – and packed full of a spicy kick.

After that, we opted for Dishoom's signature dish – the black house daal.

I just could not resist this delicious daal. It's got fire, has a gorgeous, creamy texture, and is just perfect mopped up with a cheddar cheese naan.

We coupled that with spicy lamb chops. Perhaps a bit too

much cumin covering them, but the meat was soft, tender and pink in the middle, just as I like it. And finally (as if we needed any more food), we scoffed down some paneer tikka, Indian cheese cooked in a clay oven.

To summarise, the food was just tip top! Fresh ingredients, beautifully spiced and cooked to perfection.

Bearing in mind how much we ate, and the fact that we

coupled it with two bottles of wine, we paid £85 each, which isn't too bad considering the quality of the food, the incredible atmosphere and the fact that our boat had well and truly been pushed out.

Walking out into the rainy streets of London was hard, after basking in the spicy ambience of this old Bombay café.

■ Dishoom is at 7 Boundary Street, E2. Tel: 7420 9324.

Baked apples for winter warmth

BRITISH apples are in season and there are a wide variety available in local markets and Buy-well convenience stores – look out for the Food for Health Award sticker for good quality, reasonably priced produce.

Baked apples make a perfect dessert for a cold winter evening and are popular with children.

Share your recipes with other residents by tweeting them to #THfoodforhealth



Baked apples – serves 4

Ingredients

4 to 6 eating apples (or as many as you need)
A handful of raisins
4 chopped apricots,
A handful of chopped

almonds (optional)
A handful of chopped hazelnuts (optional)
2 tsp of Demerara sugar

Method

1. Pre-heat the oven to 200°C/ 180°C fan or gas mark 6
2. Remove the core of the apple gently using a corer or knife (be careful not to split them in half) so you have an apple with a hole in the middle.
3. In a bowl, mix together the raisins, apricots, almonds (optional) and sugar.
4. Put some of the mixture in each of the apple holes until full. If you wish, sprinkle hazelnuts over the top.
4. Bake in the oven for 20 minutes.

By Michele Sandelson, public health dietitian

Calling all restaurants, cafés and gastro pubs!

There are only 4 editions of East End Life until Christmas!!!

Advertise your Christmas offers here with our fantastic festive promotion:

Book 6 adverts on the 'Grub' page for 50% off

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Fatima 020 7364 4623
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SEASONS FOOD – A local catering company who will provide catering services for London Enterprise Academy are looking for the following staff:

CHEF MANAGER
Start 4th January 2016
Salary range £21,840 to £23,660 per annum
35 hours per week (40 weeks plus 4 weeks holiday).
Experience of working in a school kitchen is desirable.

CATERING ASSISTANT
£6.70 per hour – 22.5 hours per week

CATERING ASSISTANT
£6.70 per hour – 15 hours per week

You will be working in a brand new kitchen, designing stimulating, healthy & nutritious school menu for 200 pupils growing to 600 by 2018.

Potential candidates are encouraged to visit our website www.londonenterpriseacademy.org for application packs or call Kazi Parvez with any questions on 020 7423 9366 or email info@allseasonfoods.com

Closing date for applications: Friday 4th December 2015
Interviews: week beginning 7th December 2015
Job start date: start 4th January 2016

To advertise in East End Life, call...

Terri on 7364 4682
Chris on 7364 4994
Fatima on 7364 4623
Sharan on 7364 4061

**CENTRAL FOUNDATION GIRLS' SCHOOL**
(Voluntary Aided)
EDUCATING TOMORROW'S WOMEN
Internal applications are invited for the following post which is available immediately

Community Operations Assistant (Lunchtime Supervisor)
Scale 2 point 8 (£3,138 pro rata per annum approx.)
(7.5 hours per week Monday to Friday 12.30 – 2.00pm –Term Time only)

The Governing Body seek to appoint two Community Operations Assistants to work in our large and thriving school situated within a richly diverse community. You would be joining a friendly and supportive team determined to ensure the safety and welfare of the students, supervising specified activities and resolving conflict.

The successful candidate will have excellent communication, interpersonal and organisational skills. An ability to work independently and with initiative is essential.

Central Foundation Girls' School is committed to safeguarding and promoting the welfare of children and young people and expects all staff to share this commitment. All successful applicants will be requested to undertake an Enhanced Barring and Service Check.

For an application pack please download the details from the school website. Completed application forms must be sent or emailed to Ms Chowdhury, Human Resources Manager at: nchowdhury@central.towerhamlets.sch.uk

Please note that the school does not accept CVs
Closing date: 9.00am on Friday 27th November 2015

Ms. E. Holland. Headteacher
on behalf of the Chair of Governors
25-33 Bow Road,
London E3 2AE
Tel: 020 8981 1131
Fax: 020 8983 0188
Age Range: 11-18 years
Roll: 1512

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**Notice Of Application For Planning Permission**

Notice Of Application For Planning Permission Under Article 15 Of The Town and Country Planning (Development Management Procedure) (England) Order 2015
The Town And Country Planning Act 1990 (As Amended)

Date of notice: 23-Nov-2015

In accordance with the above act and related legislation, notice is hereby given that the application forms, plans and other documents submitted in relation to the proposal noted below may be examined at the London Legacy Development Corporation reception Level 10, 1 Stratford Place, Montfichet Road, London E20 1EJ. The reception is open from 09:00 – 17:00 Monday to Friday by appointment only telephone number **020 3288 8820**. The above documents are also available to view and/or download from the Planning Register on the Planning Policy and Decisions Team website <http://planningregister.londonlegacy.co.uk>. **Anyone who wishes to make comments about the application should write to the address below quoting the relevant Application Reference Number:** Director of Planning Policy and Decisions Team, London Legacy Development Corporation, Level 10, 1 Stratford Place, Montfichet Road, London E20 1EJ. Alternatively comments can be made by email to: planningenquiries@londonlegacy.co.uk. Comments should be submitted within 21 days of the date of this notice and should be received by **13-Dec-2015**. **Application Reference No:** 15/00540/FUL **Application Site:** 24-26, White Post Lane, LONDON, E9 5EP **Description of Proposal:** Demolition of existing buildings and structures and erection of four new linked buildings of up to six storeys and 21.3m in height (maximum of 26.2m AOD) to provide 2,916sqm business floorspace (Use Class B1c), 103 residential units (Class C3), commercial yard, new public realm, vehicular access, together with car and cycle parking, landscaping and other associated works **Applicant's name:** Rothbury Road Limited **Dated:** 23-Nov-2015; **Authorised by:** Anthony Hollingsworth **On Behalf of:** London Legacy Development Corporation, Planning Policy and Decisions Team.

LONDON BOROUGH OF TOWER HAMLETS
PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990

CHAPEL HOUSE CONSERVATION AREA, DRIFFIELD ROAD CONSERVATION AREA, FAIRFIELD ROAD CONSERVATION AREA, JESUS HOSPITAL ESTATE CONSERVATION AREA, MEDWAY CONSERVATION AREA, TREDEGAR SQUARE CONSERVATION AREA, VICTORIA PARK CONSERVATION AREA, AND YORK SQUARE CONSERVATION AREA

Notice is hereby given that the London Borough of Tower Hamlets is considering providing additional guidance covering extensions to the roof and to the rear of residential properties, in the form of an addendum to the adopted appraisal for eight of its Conservation Areas: Chapel House, Driffield Road, Fairfield Road, Jesus Hospital Estate, Medway, Tredegar Square, Victoria Park, and York Square.

We are also considering providing supporting guidance on mansard roofs.

A Conservation Area is “an area of special architectural or historic interest, the character or appearance of which it is desirable to preserve or enhance” (Planning (Listed Buildings and Conservation Areas) Act 1990 s.69(1))

The Council has published a draft addendum to the adopted Character Appraisal and Management Guidelines for each of the eight Conservation Areas identified above. In addition, supporting guidance on mansard roofs has also been published. Officers are now seeking the views of residents, and stakeholders on these draft documents in a public consultation taking place for eight weeks between the 23rd November 2015 and the 18th Jan 2016. Information related to this consultation is available on the council's website.

Six public exhibitions and drop in sessions have been organised to offer residents the opportunity to review and discuss the proposals with officers.

Details of these sessions and where they are to be held are set out opposite. Please attend the session relevant to the conservation area you are interested in.

All those interested are welcome to attend.

CONSERVATION AREA	VENUE	AFTERNOON SESSION 2-5PM	EVENING SESSION 5.30-8.30PM
Driffield Road, Fairfield Road, Medway, Tredegar Square & Victoria Park	St. Paul's Church, St. Stephens Road, London E3 5JL	Thursday 3rd December	Friday 11th December
Jesus Hospital Estate & York Square	The Scott Room, Oxford House, Derbyshire St, Bethnal Green, London E2 6HG	Tuesday 8th December	Friday 4th December
Chapel House	Canary Wharf Idea Store, Churchill Place, London E14 5RB	Friday 4th December	Monday 30th November

If you would like to see the documents prior to the drop in sessions they are available on the council's website at www.towerhamlets.gov.uk. They can also be made available on request.

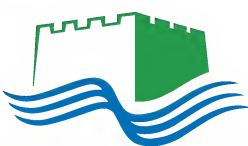
If you are unable to attend the meeting written comments can be sent to:-

Email: placeshaping@towerhamlets.gov.uk

Post: The Place Shaping Team
D&R Strategic Planning, Mulberry Place, 5 Clove Crescent, London E14 2BG

Comments must be received by **5pm on 18th January 2016** to ensure consideration.

If you have any questions regarding the proposals you can call the planning hotline on 020 7364 5009.

**TOWER HAMLETS**

LONDON BOROUGH OF TOWER HAMLETS

PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

Nicholls & Clarke And Depot Sites, 13-20 Shoreditch High Street, 5-11a Folgate Street, 10 and 11-17 Blossom Street, London PA/15/2960/HHA Application for advertisment consent to display 4x plywood hoardings.

14 Flamborough Street, London, E14 7LS PA/15/2322/HDH Renewal and replacement of front double sash windows and box frame.

123 Bethnal Green Road, London, E2 7DG PA/15/3083/AHU Application for advertisement consent for the display of one temporary advertising panel on a scaffold shroud fronting Bethnal Green Road for a temporary period of twelve months.

214 Cambridge Heath Road, London. E2 9NQ PA/15/3044/HAM Erection of new external gates between existing piers to the main entrance to the build-ing; new railings to the existing flank wall and various hard landscaping works.

16-17 Mile End Place, London, E1 4BH PA/15/3080/HAM Re-division of single dwelling into two dwellings along line of original party wall to create 2 two-bedroom houses. Reinstatement of front door access into number 17. Demolition of existing rear extensions and construction of new rear extensions to both properties.

Railway Arches, 203 Barnardo Street, London, E1 0LL PA/15/3062/EBW Use of unit for preparation and cooking of food to be delivered. Associated extrac-tion fan to project on the front of the building.

Flat 11, Cleland House, Sewardstone Road, London, E2 9JW PA/15/3093/ZAP Replacement of Crittall windows and two balcony doors in Crittall with white UPVC to match existing windows in the block.

25 Sycamore Avenue, London, E3 5PN PA/15/3072/CHG Replacing windows and doors

67 Burdett Road, London, E3 4TN PA/15/2676/KFL Single storey rear extension to ground floor offices and single storey rear extension to second floor offices.

Former Red Lion Court, 77-79 Wapping High Street, E1 PA/15/2966/KHA Application to vary condition no. 10 of planning permission dated 24/03/1988, ref: WP/87/177.

Condition 10 lists the approved plans. This application would replace the approved plans with amended plans. The amended plans include the following changes:

- removal of majority of basement level and amendments to layout.
- reduction in no of car parking spaces and changes ti ground floor layout
- provision of cycle parking spaces
- changes to double doors on front elevation

Flat 2, 46 Cheshire Street, London, E2 6EH PA/15/3042/HHA New rear roof extension and structural remedial works to the front elevation.

122A, B, C & D Cannon Street Road, London, E1 2LH PA/15/3097/HDH Listed building consent for the repair and replacement to window and doors.

118A and 118B Cannon Street Road, London, E1 2LH PA/15/3095/HDH Listed building consent for the repair and replacement to window and doors.

116A and 116B Cannon Street Road, London, E1 2LH PA/15/3096/HDH Listed building consent for the repair and replacement to window and doors.

Site: Land bounded by Elder Street, Folgate Street, Blossom Street, Norton Folgate, Shoreditch High Street and Commercial Street, E1 PA/14/3618/BEE Description: carriageway and pavement, installation of cycle parking, hard landscaping and all necessary ancillary and enabling works, plant and equipment.

Land bounded by Elder Street, Folgate Street Blossom Street, Norton Folgate, Shoreditch High Street and Commercial Street, E1 PA/14/3548/BEE

Site: Land bounded by Elder Street, Folgate Street, Blossom Street, Norton Folgate, Shoreditch High Street and Commercial Street, E1

Description: Redevelopment of the former Nicholls and Clarke urban block and adjoining former depot site, Loom Court and land and buildings north of Fleur de Lis Passage and Fleur de Lis Street, including retention and refurbishment of buildings, for commercially led mixed use purposes comprising buildings of between 4 and 14 storeys to provide B1 (office), A1 (retail), A3 (restaurants and cafés), A4 (public house) and 40 residential units; together with new public open spaces and landscaping, new pedestrian accesses, works to the public highway and public realm, the provision of off-street parking, and all necessary ancillary and enabling works, plant and equipment. (Amended plans received)

The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.

3 Driffield Road, London, E3 5NE PA/15/3081/HAM Erection of rear extensions at ground and first floor level.

2A Coborn Road, London, E3 2DA PA/15/2775/HAM Replacement of existing sash windows.

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 23rd November 2015

OWEN WHALLEY Head of Planning and Building Control



Public notices

LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – BEACHY ROAD E3

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding the following temporary prohibition:

Location: Beachy Road, for a distance of approximately 50 metres, south-west, from its junction with Stour Road;

Reason: To allow works to be carried out on the public highway by Road Traffic Solutions;

Alternative Route: For vehicular traffic will be via Smeed Road, Stour Road and Beachy Road and vice versa;

Period: On the following two Sun-days:

- a) On Sunday 13th December 2015 from 10:00 hours until 18:00 hours;
- b) On Sunday 10th January 2016 from 10:00 hours until 18:00

hours.

Please refer any queries regard-ing the above traffic restriction to David Pryce, Network Coordina-tor, Clean, Green and Highways on 020 7364 6898 or email, david.pryce@towerhamlets.gov.uk

Dated: 23rd November 2015

SIMON BAXTER INTERIM SERVICE HEAD PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG

LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – OLD CASTLE STREET E1

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets, having con-sulted Transport for London, made an Order, which will prohibit ve-hicular traffic from entering, stop-ping or proceeding the following temporary prohibition:

Location: Old Castle Street be-tween its junction with Pomell Way and its junction with Went-worth Street;

Reason: To allow essential works to be carried out on the public highway by Agility Alliance;

Alternative Route: There are no alternative routes for vehicular traffic as it is a dead end street or cul-de-sac.

Period: From Wednesday 25th No-vember 2015 to Friday 27th No-vember 2015.

Please refer any queries regard-ing the traffic restriction to Dave Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email david.pryce@towerhamlets.gov.uk

Dated: 23rd November 2015

SIMON BAXTER INTERIM SERVICE HEAD PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG



LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) (ENGLAND) ORDER 2015

NOTICE UNDER ARTICLE 15(3) OF APPLICATION FOR PLANNING PERMISSION ACCOMPANIED BY AN ENVIRONMENTAL STATEMENT

PROPOSED DEVELOPMENT AT:

City Pride Public House, 15 Westferry Road,

PA/15/02027

Notice is given that Bilfinger GVA on behalf of Chalegrove Properties are applying to the London Borough of Tower Hamlets for:

Application for variation of condition no. 2 (Approved Plans) of planning permission dated 10/10/2013, Ref: PA/12/03248 and NMA's with planning references PA/14/02554 (dated 08/10/2014) and PA/15/00221 (dated 09/03/2015).

Amendments sought:

- Relocation of servicing bay and amendments to servicing strategy
- Reduction of overall floor area by 28sqm
- Adjustment to Amenity pavilion which will shift north by 1.9 metres
- Minor adjustments to layout of the Serviced Apartment staff cycle store, a plant room and the associated connecting corridor at Basement level 2
- Minor adjustment of the layout of the Car Park, minor reduction of secondary plant rooms and increase in size of cafe store at Basement level 1
- Introduction of living wall and 3 additional trees to the south of the Amenity Pavilion

The application is accompanied by an Environmental Impact Assessment.

Copies of the application, plans, environmental statement and all other documents may be inspected between the hours of 9am to 1pm, Monday to Friday at the Planning Office, Mulberry Place, 5 Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Copies of the environmental statement may be purchased from Bilfinger GVA, 65 Gresham Street, London, EC2V 7NQ, Tele: 020 7911 2480 so long as stocks last. (Price on application)

Any person who wishes to make representations relating to this application should do so in writing, within a period of 14 days from the date of publication of this notice to the Head of Planning at the Planning Office address above.

Dated: 23rd November 2015

OWEN WHALLEY

HEAD OF PLANNING & BUILDING CONTROL



LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING ACT 1990

MAJOR APPLICATIONS UNDER ARTICLE 15(4)) OF THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2015 AND OTHER SIGNIFICANT APPLICATIONS.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

South Quay Plaza, 183-189 Marsh Wall, London

PA/15/3074/JTH

Application for variation of condition 4 (Approved Drawings) of Planning Permission PA/14/00944, dated 30/03/2015 for the following:

Revised residential unit mix with 6x additional residential units (Class C3)

Amendments to internal layouts, elevations, landscaping and access arrangements
Incidental works

This application is accompanied by an Environmental Impact Assessment

**City Pride Public House, 15 Westferry Road,
London, E14 8JH**

PA/15/2027/KFL

Application for variation of condition no. 2 (Approved Plans) of planning permission dated 10/10/2013, Ref: PA/12/03248 and NMA's with planning references PA/14/02554 (dated 08/10/2014) and PA/15/00221 (dated 09/03/2015).

Amendments sought:

- Relocation of servicing bay and amendments to servicing strategy
- Reduction of overall floor area by 28sqm
- Adjustment to Amenity pavilion which will shift north by 1.9 metres
- Minor adjustments to layout of the Serviced Apartment staff cycle store, a plant room and the associated connecting corridor at Basement level 2
- Minor adjustment of the layout of the Car Park, minor reduction of secondary plant rooms and increase in size of cafe store at Basement level 1
- Introduction of living wall and 3 additional trees to the south of the Amenity Pavilion

This is an EIA development.

Land bounded by Elder Street, Folgate Street,

PA/14/3548/BEE

Blossom Street, Norton Folgate, Shoreditch High Street and Commercial Street, E1

Site: Land bounded by Elder Street, Folgate Street, Blossom Street, Norton Folgate, Shoreditch High Street and Commercial Street, E1

Description: Redevelopment of the former Nicholls and Clarke urban block and adjoining former depot site, Loom Court and land and buildings north of Fleur de Lis Passage and Fleur de Lis Street, including retention and refurbishment of buildings, for commercially led mixed use purposes comprising buildings of between 4 and 14 storeys to provide B1 (office), A1 (retail), A3 (restaurants and cafés), A4 (public house) and 40 residential units; together with new public open spaces and landscaping, new pedestrian accesses, works to the public highway and public realm, the provision of off-street parking, and all necessary ancillary and enabling works, plant and equipment. (Amended plans received)

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 14 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated 23rd November 2015

OWEN WHALLEY

HEAD OF PLANNING & BUILDING CONTROL



Please remember....

East End Life will be published fortnightly in 2016. The first edition will be out on 11 January

Public notices

LONDON BOROUGH OF TOWER HAMLETS

THE TOWER HAMLETS (PRESCRIBED ROUTE) (NO.3) ORDER 2015

1. NOTICE IS HEREBY GIVEN

that the Council of the London Borough of Tower Hamlets, on 16th November 2015 made the above mentioned Order under Section 6 of the Road Traffic Regulation Act 1984, as amended by the Local Government Act 1985 and the Road Traffic Act 1991 and in accordance with regulation 23 of the Local Authorities Traffic Order (Procedure) (England and Wales) Regulations 1996.

2. The effect of The Tower Hamlets (Prescribed Route) (No.3)

Order 2015, will be to prohibit vehicular traffic from proceeding from a point approximately 19 metres south-west of the western kerb line of Newport Avenue to a point approximately 22 metres south-west of the western kerb line of Newport Avenue.

3. A copy of the Order which will come into operation on Tuesday 1st December 2015 can be inspected, by prior appointment, at the offices of Communities, Localities & Culture, Network Management Team, Clean, Green and Highways, Mulberry Place, P.O. Box 55739, 5 Clove Crescent, London E14 2BG, during normal office hours on Monday to Fridays inclusive, until the expiration of a period of 6 weeks from the date on which the Order was

made.

4. Any person desiring to question the validity of the Order or of any provision provided therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or any relevant regulations made there under have not been complied with in relation to the Order, may within six weeks of the date on which the Order were made, make application for the purpose to the High Court.

Dated 23rd November 2015

**SIMON BAXTER
INTERIM SERVICE HEAD
PUBLIC REALM**

**To place
your Public
notices in
East End Life**

Call...

Terri on 7364 4682

Chris on 7364 4994

Fatima on 7364 4623

Sharan on 7364 4061

Public & Legal Notices

LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) (ENGLAND) ORDER 2015

NOTICE UNDER ARTICLE 15(3) OF APPLICATION FOR PLANNING PERMISSION ACCOMPANIED BY AN ENVIRONMENTAL STATEMENT

PROPOSED DEVELOPMENT AT:

Land bounded by Elder Street, Folgate Street, Blossom Street, Norton Folgate, Shoreditch High Street and Commercial Street, E1

PA/14/3548/BEE

Notice is given that DP9 on behalf of British Land Property Management Limited are applying to the London Borough of Tower Hamlets for:

Redevelopment of the former Nicholls and Clarke urban block and adjoining former depot site, Loom Court and land and buildings north of Fleur de Lis Passage and Fleur de Lis Street, including retention and refurbishment of buildings, for commercially led mixed use purposes comprising buildings of between 4 and 14 storeys to provide B1 (office), A1 (retail), A3 (restaurants and cafés), A4 (public house) and 40 residential units; together with new public open spaces and landscaping, new pedestrian accesses, works to the public highway and public realm, the provision of off-street parking, and all necessary ancillary and enabling works, plant and equipment. (Amended plans received)

The application is accompanied by an Environmental Impact Assessment which has been amended.

Copies of the application, plans, environmental statement and all other documents may be inspected between the hours of 9am to 5pm, Monday to Friday at the Planning Office, Mulberry Place, 5 Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Copies of the environmental statement may be purchased from DP9, 100 Pall Mall, London, SW1Y 5NQ, 020 7004 1700 so long as stocks last. (Price on application)

Any person who wishes to make representations relating to this application should do so in writing, within a period of 14 days from the date of publication of this notice to the Head of Planning at the Planning Office address above.

Dated: 23rd November 2015

OWEN WHALLEY

HEAD OF PLANNING & BUILDING CONTROL



Public & Legal Notices

LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) (ENGLAND) ORDER 2015

NOTICE UNDER ARTICLE 15(3) OF APPLICATION FOR PLANNING PERMISSION ACCOMPANIED BY AN ENVIRONMENTAL STATEMENT

PROPOSED DEVELOPMENT AT:

South Quay Plaza, 183-189 Marsh Wall, London

PA/15/03074

Notice is given that Bilfinger GVA on behalf of Berkeley Homes (SQP) LTD are applying to the London Borough of Tower Hamlets for:

Application for variation of condition 4 (Approved Drawings) of Planning Permission PA/14/00944, dated 30/03/2015 for the following:

Revised residential unit mix with 6x additional residential units (Class C3)

Amendments to internal layouts, elevations, landscaping and access arrangements

Incidental works

The application is accompanied by an Environmental Impact Assessment.

Copies of the application, plans, environmental statement and all other documents may be inspected between the hours of 9am to 5pm, Monday to Friday at the Planning Office, Mulberry Place, 5 Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Copies of the environmental statement may be purchased from Bilfinger GVA, 65 Gresham Street, London, EC2V 7NQ so long as stocks last. (Price on application)

Any person who wishes to make representations relating to this application should do so in writing, within a period of 14 days from the date of publication of this notice to the Head of Planning at the Planning Office address above.

Dated: 23rd November 2015

OWEN WHALLEY

HEAD OF PLANNING & BUILDING CONTROL



Public and Legal notices inform the public of planning act notices from roads to buildings as well as licensing act notices, insolvency acts, notices to creditors, missing beneficiaries etc.

LONDON BOROUGH OF TOWER HAMLETS

The Tower Hamlets (Free Parking Places) (Disable Persons) (No.1) Order 2015 (Amendment No.5) Order 2015

The Tower Hamlets (B3 Parking Places)(No.1) Order 2015 (Amendment No. 6) Order 2015

The Tower Hamlets (Waiting and Loading Restrictions) (No. 1) Order 2015 (Amendment No.8) Order 2015

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets on 23rd November 2015 made the above-mentioned Orders under the relevant sections of the Road Traffic Regulation Act 1984, as amended by Section 5 of the Local Government Act 1985 and the Traffic Management Act 2004.

2. The general effect of the Orders would be to in:

a) Carr Street (Outside no. 74) – To convert a Single Resident Parking space into a Personalised Disable Bay (624).

b) Gale Street (Outside no.15) – To convert a Single Resident Parking space into a Personalised Disable Bay (625).

c) Garrison Road (Outside no. 22 Valentine House) – To convert a Single Resident Parking space into a Personalised Disable Bay (626).

d) Watts Grove

i. East Kerb, to extend existing Permit bay outside no.13 by 2 cars space 12m northwards.

ii. East Kerb, change 4 car spaces 23m of existing Permit bay outside Council Depot to Double Yellow Line.

iii. West Kerb, outside Bilbery House upgrade 6m Single Yellow line to Double Yellow Lines.

iv. West Kerb, change 3 cars spaces 15m of existing Residents bay outside Bilbery house to Double Yellow Lines.

v. West Kerb, to extend existing Residents bay outside Bilbery House by 2 cars space 10m northwards.

3. The Regulations, fees and usual exemptions imposed by the governing Traffic Management Orders would apply to the proposals referred to in paragraph 2 above.

4. A copy of each of the proposed Orders and all relevant documents can be inspected, by prior appointment, at the offices of the at the Parking Services Offices, 585-593 Commercial Road, London E10HJ (0207-364 6949), during normal office hours on Monday to Friday inclusive until the expiration of a period of 21 days from the date on which this notice is published.

5. Any person desiring to comment on or object to any of the proposed Orders should send a statement in writing or Email: Parking.development@towerhamlets.gov.uk of their objection and the grounds thereof, to the above address within the aforementioned period of 21 days.

Dated: 23rd November 2015

SIMON BAXTER

INTERIM SERVICE HEAD, PUBLIC REALM

Public notices

LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 16A

TEMPORARY PROHIBITION OF TRAFFIC – PENNINGTON STREET “TOBACCO DOCK EVENT” ORDER 2015

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets made the above-mentioned Order under Section 16A of the Road Traffic Regulation Act 1984 (as amended by Special Events Act 1994). The effect of the Order will be to prohibit vehicular traffic from entering, stopping or proceeding, the following prohibition:

Location:

a) Pennington Street between its junction with Wapping Lane and its junction with Artichoke Hill;

b) Chigwell Hill at its junction with The Highway;

c) Pennington Street between its junction with Chigwell Hill

and its junction with Wapping Lane.

Reason:

To allow coaches arriving for the Tobacco Dock event adjacent to the public highway to park as well as articulated vehicles unloading equipment on the public highway;

Period:

I. On Wednesday 2nd December 2015 from 17:00 hours until 23:59 hours at item A & B above;

II. On Thursday 3rd December 2015 from 12:00 hours until 18:00 hours at item C above.

Please refer any queries regarding the above traffic restriction to John Parsons, Network Coordinator, Clean, Green and Highways on 020 7364 6680 or email, john.parsons@towerhamlets.gov.uk

Dated: 23rd November 2015

SIMON BAXTER

INTERIM SERVICE HEAD

PUBLIC REALM

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23 – 29 NOVEMBER 2015

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

29

On top of the world

“It was a wonderful, amazing experience and beats anything we have done before.”

SHADWELL BASIN ACTIVITY CENTRE CLIMBERS



Three is the magic number

The Shadwell Basin Activity Centre mountain expedition was made possible by local guides Gonjun (porter and cook), Mere (climber), and Purna (trekking support).

SEE BELOW

Sport

Shadwell Basin boys enjoy high life in the Himalayas

BY PETER FAULKNER

SHADWELL Basin Activity Centre has welcomed back three intrepid explorers after their amazing journey to the summit of a mountain in the Himalayas.

Director Mike Wardle, Will Tytler, youth co-ordinator, and his brother, Ian, ascended Lobuche East Peak in Nepal to raise money towards activities for youngsters during the centre's 40th anniversary next year.

They arrived home on November 12 and said: “It was a wonderful, amazing experience and beats anything we have done before.”

They have so far received online pledges of donations totalling around £2,000.

A further £11,000 has been given to the centre by magistrates from a sponsored rowing event.

Three quarters of the money will pay for the Nepal trip and the rest will be split between two projects for 16- to 19-year-olds being planned in 2016, including a climb up Kalapatar in the Everest Valley.

Mike admitted that the trip was far from plain sailing.

He said: “This is the hardest climb I have ever done and the final day was



The three intrepid climbers from Shadwell Centre at Lobuche East Peak

exhausting, taking us from 7am to 7pm to start and finish the climb. It's cold and dark and freezing and, because of the altitude, you find breathing diffi-

cult and feel more like an old man. Will and Ian found it tough on the way down from Lobuche and our guide, Mere, went out of his way to go and

get us extra water. What makes it worse is that you are sweating but you can't take any layers of clothes off, because it is freezing cold.

“We had a team of Nepalese porters as our support team and the head of the team even climbed up rocks to bring us mugs of hot coffee.”

Soccer round-up Tower hammered as Sporting draw

TOWER Hamlets FC crashed to a 4-0 defeat and Sporting Bengal were held at home.

Tower were away to Wadham Lodge and all seemed fine until the 75th minute when Tom Carroll opened the scoring.

Two minutes later Nathan Mukuna added a second, Charlie Georgiou made it 3-0 five minutes from time and Larry Opong added to the misery in injury time.

Sporting Bengal entertained Stansted, who started the day with a new manager. Sporting

took an 18th minute lead through Abdi Samad but the Essex side to earned a point through Mark Radcliffe in the 78th minute.

This followed on the heels of Sporting's 3-1 midweek defeat at Burnham Ramblers.

Casey goes solo for cup glory

**Centenary Park...1
FC Hamlets...2**

THERE was no shortage of chances for **FC Hamlets** in the goalless first half of this London Cup match.

But their strikers couldn't make any of them tell.

Conditions didn't help. Player-manager Ashley King and assistant manager Senie Emmanuel had a few things to say in the dressing room during the interval.

Their words paid dividends almost immediately after the restart and Ashaan Siddik played the ball across the six yard box for striker John Gilroy, who smashed home emphatically from close range.

More chances came and went, most notably a sweetly struck George Oakley half-volley that clipped the bar.

Centenary created their first real chance of the game in the 60th minute, which was blocked

by a last-ditch challenge from Aaron Glasgow. The resulting corner was not dealt with by the goalkeeper and the ball was poked home from two yards out.

Hamlets knew they now had to produce something to stop the game from going straight to sudden-death penalties.

And up stepped Rhonan Casey, with a magnificent solo effort in the 85th minute to settle the tie. Casey beat one player before bending a great effort round the helpless Centenary Park keeper from 18 yards.

The result sets up a home time in the next round for Hamlets against Forest Green on December 12.

Vallance pick up FA community award

STEPNEY'S Vallance FC have been named the 2015 FA Charter Standard Development Club of the Year.

They picked up the award at a ceremony at Wembley Stadium, as part of the London County FA Community Awards.

The club have ten teams and 800 academy members and more than 1,200 young people using their services.

Vallance's work goes beyond football and reaches out to some of the most hard-to-reach members of the community.

It works with young organi-

sations, the council and schools to make sport education and training accessible to all.

Sir Geoff Hurst – England's 1966 World Cup hat-trick hero – said: “The work that goes into providing football for hundreds of kids every week should not be underestimated and these awards are richly deserved.”

Formally established in 1997, Vallance owe their success to the dedication of Junel Uddin and Iqbal Hussain.

Starting with just one team, their success led to investment from local businesses and, as a result, in 2001 Vallance became the first team from Tower Hamlets to tour Holland.



At their best when it mattered

“We knew we were in for a tough game today. St Albans are a strong side who played well, which forced us to raise our standards and deliver what we know we’re capable of.”

WAPPING COACH RYAN D’SOUZA

Tell the East End

Do you have a sports club you would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

Sport

Wapping rise to the occasion at St Albans

Wapping men’s 1st...1
St Albans...0

BY PETER FAULKNER

WAPPING men’s hockey team gave their Olympic Park fans something to shout about as they dented the ambitions of title rivals St Albans.

Wapping were in confident mood, coming off the back of three straight league wins, but knew their work would be cut out against opponents who had lost only once all season.

It was, as expected, a tight affair. Both teams cancelled each other out in the middle of the pitch for large periods and chances were scarce.

The game’s solitary goal came midway through the first half when some fine interplay down the right led to a St Alban’s foot in the D.

The resulting penalty corner was clinically dispatched by Phil Messent.

The second half continued in the same vain, as the steady rain made the pitch heavy.



Wapping ladies 1st team beat Folkestone 1-0 to keep their grip on Division One South. Holly Colvin was the player-of-the-match. Jo Ward is pictured in action. Photo: Iain McAuslan

Still, Wapping searched for a second goal, which would secure the three points and St Albans battled on.

The game threatened to turn 15 minutes before time when Andrew Magro was sin-binned for deliberately playing the ball and not retreating five metres from a free hit.

With five minutes to go, Oliver Cooper was shown a yellow for a similar infringement.

Wapping were camped in their own half, clinging on to their slender advantage, but St Alban’s wasted several chances to get back on terms.

Coach Ryan D’Souza said: “We knew we were in for a tough game today.

“St Albans are a strong side who played well, which forced us to raise our standards and deliver what we know we’re capable of.”

The day’s biggest scorers were the men’s fourth team who beat Thurrock 6-0 with goals from Stu McQueen (2), Steve Curran (2), Tim Watson and Andrew Metcalfe, and the ladies third team who beat Old Loughonians 7-2.

Karolin Schapps-Bolle (2), Olivia Cerio, Sacha Cooper, Lotta Paulus, Pascaline Dubosc and Natalie Stewart were on target for Wapping.



Millwall vs Writtle was a mud-soaked encounter

Ronan sparks Millwall spree

Rugby

Millwall...24
Writtle...8

MILLWALL went on the rampage and outclassed Writtle at Millwall Park.

The tries came from Ronan Quigley, Ronan Murray and Dave Hayward while a hat-trick of conversions by Oliver Jardin, who also scored a penalty, made up the total.

Team spokesman Dan Phillips said: “We worked hard as a team to win this game.

“We persevered after dropping a few games and are hoping to continue with solid results for the rest of the season.”

For more information on the club visit www.millwallrugby.com or email developmentmanager@millwallrugby.com if you are interested in playing.

away with eight points and six rebounds, all contributing to CAB Madeira’s overall win of 80-74 and taking them to second place in the league.

Ofomata said: “I am overjoyed to have been given the player of the week award and to be recognised on the site for my game is a dream come true.”



Karate

Holand on England trip to Holland

VERAS Academy Karate Association’s rising junior star Demie Holand (above), 11, has been selected to represent the England Midlands Team – in Holland of all places.

The event is called the Battle of the Teams on November 29.

Sensei Raphael Veras said: “We are very happy and proud of her achievement and wish her all the very best on her international debut.”

Demie is a 5th kyu orange belt and has only been with the Poplar club for one month.

Sam hits three as East March on

Hockey round-up

March Town 1st...2

East London men 1st...6

EAST London proved too classy for their Cambridgeshire opponents.

Captain Sam Boddington scored from two penalty flicks for the visitors, before March hit back with two goals of their own.

After the interval, East’s first penalty corner found Harry Finster, who restored the lead.

With the action seesawing, March then won a penalty stroke of their own, but goalie Rob Voets was up to the task and impressively saved.

Sam Franklin diverted another short corner into the net to give East another two-goal cushion before Adam Willoughby

added the fifth and then set up unmarked Boddington for his hat-trick.

Fourteen goals in two games have significantly helped East’s goal difference.

East London ladies 1st...3
Bexleyheath & Belvedere...0

STORM Abigail left its mark on the Lee Valley pitch, which looked better suited to swimming than hockey.

But the East players took to the drenched pitch like ducks to water, eventually.

After a goalless first half, East started to press more, gaining a bigger share of the possession, and the tactical switch paid off.

In some inspired link-up play, Amy Rogers bounded up the pitch and Alexa Kearns finished well. Grace Lant added a

scrappier second goal, and Lucy Foxall completed the scoring.

■ Tom Latchem scored a hat-trick for the men’s 5th team and Chloe Vaughan topped that with five for the ladies 2nds.

■ **Other results men:** East London 2nd...3, Redbridge & Ilford 1st...2; East London 3rd...2, Witham 2nd...3; East London 4th...6, Old Southendian 3rd...2; East London 5th...6, Phoenix 2nd 0; East London 6th...2, Witham 4th...1; East London 7th...2, Old Loughtonian Loppers...3.

■ **Other results ladies:** East London 2nd...9, Basildon...3rd 2; East London 3rd...3, Chelmsford 4th...0; East London 4th...4, Chelmsford 5th...0; East London 5th...3, Crostyx 3rd...3; East London 6th...3, Chelmsford Academy...0.



More inside

For stories on hockey, football, rugby and basketball...

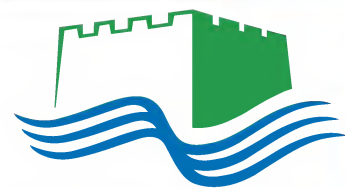
SEE PAGES 30 & 31



Ain't no mountain high enough

A team of adventurers from Shadwell Basin Activity Centre have returned from a mountaineering trip to the Himalayas. Find out how they adventure went...

SEE PAGE 30



TOWER HAMLETS

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Lions hit form ahead of semi

Basketball

London Lions...85

Manchester Giants...60

LIONS slayed Manchester Giants at the Copper Box Arena and avenged their home defeat of two weeks previous.

The 85-60 victory could not have come at a better time with the Lions preparing to face Leicester in the league cup semi-final on Thursday, November 26.

Nick Lewis marked his 100th British Basketball League appearance with a team-high 20 points as the hosts dominated from start to finish.

Dunks from Lane, Olumide Oyediji and Allie Fullah added a flourish as the Lions cruised to victory.

Lewis' offensive effort was supplemented by 12 points from Jaron Lane and 10 from Allie Fullah, as every Lions player that stepped on the floor scored.

Glasgow Rocks...87

London Lions...80

THE Lions stumbled on the road 87-80 against Glasgow Rocks at the Emirates Arena unable to make it a double winning weekend.

Kai Williams top scored with 27 points while Nick Lewis again weighed in with 16. But Lions paid the price for missing 51 shots in a winnable game.

Leo comes of age with shock seniors victory



Leonardo De Moura Muniz

Judo ace stars for Tower Hamlets

BY PETER FAULKNER

ENGLAND junior judo star Leonardo De Moura Muniz shocked fans and competitors at the Southend International tournament... by winning the senior title.

Everyone expected him to become champion in his age category for competitors under 20.

But taking the gold medal at senior level was surely a step too far.

Leonardo, a student at Poplar's Langdon Park School sixth form, was cool, calm and confident when he decided to challenge for the senior crown in the under-66kg category on the first day.

The event attracted 450 players from 12 countries including Leonardo and five others from Tower Hamlets Judo Club.

Fighters, aged eight and above, showed their skills in the massive six-mat fighting area.

Leonardo started the day with his toughest contest. His opponent was Kyle Perry – the current third ranked judoka in the country.

Leonardo is no respecter of reputations though and, against the odds, his fearless attitude earned a penalty score against his opponent at the end of regular time.

As the competition proceeded, Leonardo continued to show his class and took the gold medal scoring an Ippon (winning before time) in every

contest. Twenty four hours later, as expected, he went on to win the junior men's -66kg division.

While Leonardo rightly received the plaudits for his exploits, clubmate Mantas Grinaveckis was also doing the club proud by winning gold in the senior men's -90kg.

Joanna Cowie meanwhile picked up a bronze medal in the senior women's -63kg division, while Younes Aberkane in the -66kg boys U14 also managed a third-place finish.

Other Tower Hamlets members who competed in the Sunday event were Ernest Turkeyey, who came seventh in the -73kg junior men's, and Abdullah Boussettoua, who finished seventh in the under-34kg boys under 11 division.

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